# The Instructive District Nursing Association

Twenty-fourth Annual Report for the Year ending January 31, 1910



BOSTON

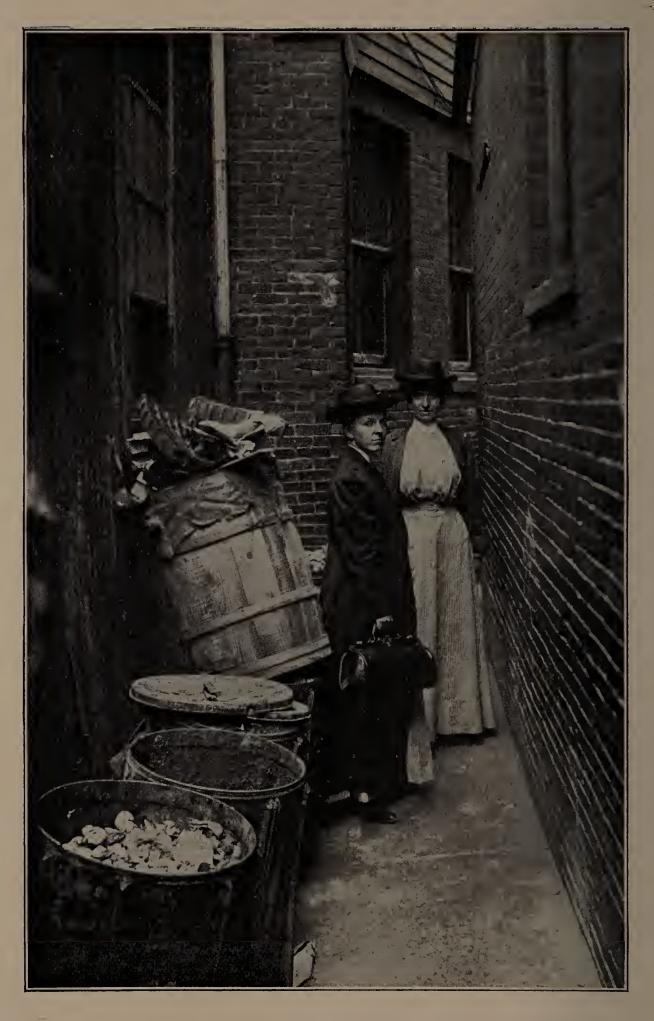


J. W. Mariland

## FORM OF BEQUEST

I give and bequeath unto the Instructive District Nursing Association, in Boston, in the State of Massachusetts, incorporated in the year 1888, its successors and assigns, the sum of

\$85 supplies a nurse for one month. \$500 supplies a nurse for six months. \$1,000 supplies a nurse for one year. \$20,000 endows a nurse.



Entrance of a rear tenement. Conditions such that it was wise for two nurses to make the first visit. In these alleys disease is bred.

## TWENTY-FOURTH ANNUAL REPORT

OF THE

## INSTRUCTIVE DISTRICT NURSING ASSOCIATION

(INCORPORATED 1888)

FOR THE YEAR ENDING JANUARY 31, 1910



THOMAS TODD CO.

Printers

14 BEACON STREET, BOSTON, MASS.

## ACT OF INCORPORATION

No. 3480

## COMMONWEALTH OF MASSACHUSETTS

BE it known that whereas, Phebe G. Adam, Anita E. Wheelwright, Mary Minot, Hannah A. Adam, Judith W. Andrews, Abbie C. Howes, Margaret Greene, Clara T. Endicott, Susannah R. Norcross, Alice D. Chandler, Emily W. Appleton, and others, have associated themselves with the intention of forming a corporation under the name of The Instructive District Nursing Association, for the purpose of caring for the sick poor at their homes, and for instruction in home nursing, and have complied with the provisions of the Statutes of this Commonwealth, in such case made and provided, as appears from the certificate of the President, Treasurer, Secretary, and Managers of said corporation, duly approved by the Commissioner of Corporations, and recorded in this office;

Now, therefore, I, Henry B. Pierce, Secretary of the Commonwealth of Massachusetts, do hereby certify that said P. G. Adam, A. E. Wheelwright, M. Minot, H. A. Adam, J. W. Andrews, A. C. Howes, M. Greene, C. T. Endicott, S. R. Norcross, A. D. Chandler, E. W. Appleton, and others, their associates and successors, are legally organized and established as, and are hereby made an existing corporation under the name of, The Instructive District Nursing Association, with the powers, rights, and privileges, and subject to the limitations, duties and restrictions which by law appertain thereto.

Witness my official signature hereunto subscribed, and the seal of the Commonwealth of Massachusetts hereunto affixed, this twenty-sixth day of December, in the year of our Lord one thousand eight hundred and eighty-eight.

HENRY B. PIERCE,

[SEAL]

Secretary of the Commonwealth.

# NSTRUCTIVE DISTRICT NURSING ASSOCIATION

BOSTON,

190

THE TREASURER HEREBY GRATEFULLY ACKNOWLEDGES

THE RECEIPT OF

DOLLARS

FROM

STREET,

TREASURER,

BOZLON'

BEING (DONATION) (ANNUAL SUBSCRIPTION) FOR THE YEAR 190

4

INCERSOLL

STATE



## BOARD OF MANAGERS

## President

MRS. ERNEST AMORY CODMAN, 227 Beacon Street, Boston

## Vice-Presidents

MRS. FRANK HAWTHORNE MONKS, Monmouth Street, Brookline MRS. WALTER C. BAYLIES, 5 Commonwealth Avenue, Boston

## Secretary

MISS GERTRUDE W. PEABODY, 13 Kirkland Street, Cambridge

MISS FANNIE BARTLETT .	•	•	227 Commonwealth Av., Boston
MISS MARY E. BATCHELDER.		•	28 Quincy St., Cambridge
MISS ELLEN BULLARD			3 Commonwealth Av., Boston
MISS GEORGINA S. CARY .			121 Marlborough St., Boston
Mrs. Frederic S. Clark .			17 Commonwealth Av., Boston
MISS HELEN COLLAMORE .	•	•	317 Commonwealth Av., Boston
MISS ELIZABETH P. CORDNER	•	•	50 Chestnut St., Boston
Mrs. Albert Debuchy .	•	•	32 Beacon St., Boston
MISS EMILY G. DENNY		•	Upland Road, Brookline
Mrs. William A. Donald .		•	173 Marlborough St., Boston
Mrs. Henry Ehrlich	•	•	172 Commonwealth Av., Boston
Mrs. Reginald H. Fitz .	•	•	18 Arlington St., Boston
MISS MARY L. HALL		•	468 Columbia Road, Dorchester
MISS ELLEN HALE		•	34 West Cedar St., Boston
Mrs. William Allen Hayes	•	•	139 Bay State Road, Boston
MISS MARY MINOT		•	245 Marlborough St., Boston
MRS. E. PREBLE MOTLEY .	•	•	97 Beacon St., Boston
Mrs. James G. Mumford .	•	•	29 Commonwealth Av., Boston
Mrs. Otis Norcross, Jr	•	•	249 Marlborough St., Boston
Mrs. Mary Pamela Rice .	•	•	The Ludlow, Boston
Mrs. John Ritchie	•	•	3 Hancock Av., Boston
MISS NATHALIE WHITWELL .	•	•	113 Marlborough St., Boston

## Treasurer

MR. INGERSOLL BOWDITCH, 28 State Street, Boston

## HONORARY MEMBERS

Miss	MARY	Russell	•	•	•	•	72 Beacon St., Boston
MRS.	S. T. I	HOOPER		•	•	•	Portland, Maine

## ADVISORY BOARD

MR. WILLIAM ENDICOTT

MRS. WILLIAM T. SEDGWICK
MRS. CHARLES D. HOMANS

MR. EDWARD R. WARREN
DR. VINCENT Y. BOWDITCH

DR. ELLIOTT P. JOSLIN
DR. EUGENE B. HAGAR

DR. JOHN LOVETT MORSE
DR. ELBRIDGE G. CUTLER

DR. FRANKLIN G. BALCH
DR. WILLIAM L. RICHARDSON

MR. ROBERT HOMANS

## FINANCE COMMITTEE

MR. INGERSOLL BOWDITCH, Treasurer
MR. WILLIAM ENDICOTT, JR. MR. GARDINER M. LANE

## EXECUTIVE COMMITTEE

MRS. E. A. CODMAN, Chairman

MISS G. W. PEABODY, Secretary

MISS E. P. CORDNER

MRS. OTIS NORCROSS, JR.

MRS. F. H. MONKS

MRS. W. C. BAYLIES

MISS FANNIE BARTLETT

MISS NATALIE WHITWELL

## COMMITTEE ON STAFF NURSES

MISS FANNIE BARTLETT, Chairman
MRS. OTIS NORCROSS, JR. MISS NATALIE WHITWELL

## COMMITTEE ON TRAINING SCHOOL

Mrs. E. A. Codman, *Chairman*Miss E. P. Cordner
Mrs. J. G. Mumford

## HOUSE COMMITTEE

MRS. F. H. MONKS, Chairman

Mrs. John Ritchie Mrs. F. S. Clark

## SUPPLY COMMITTEE

MISS M. E. BATCHELDER, *Chairman*MRS. HENRY EHRLICH MISS ELLEN HALE

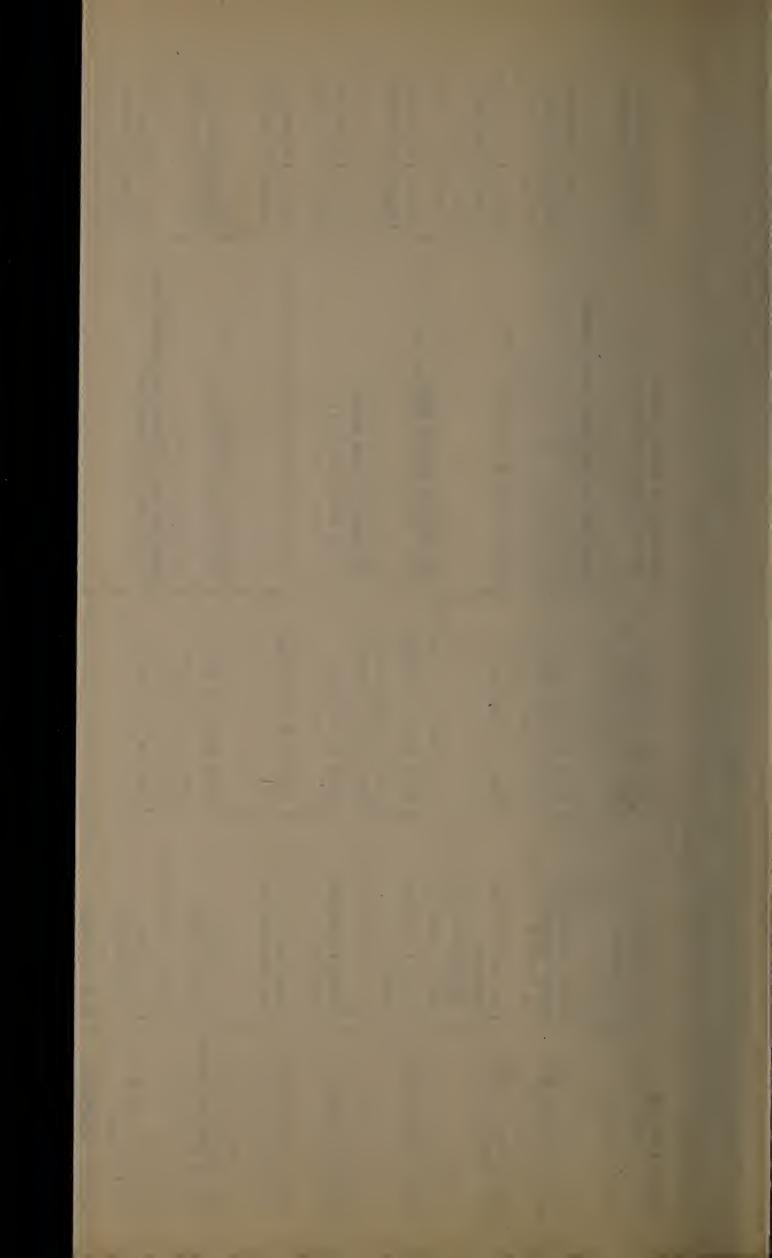
## COMMITTEE ON BILLS

MISS FANNIE BARTLETT, Chairman MRS. OTIS NORCROSS, JR.

## PUBLICATION COMMITTEE

MISS G. W. PEABODY, Chairman
MRS. W. A. HAYES
MISS E. G. DENNY

Districts.	Call Stations.	District Committees.	· Nurses.	Physicians.
General Work No. 1. East Boston	F. A. Woodbury 108 Sumner St.	MISS MARY MINOT MRS. O. NORCROSS, JR.	Supported by King's Chapel Miss Florence Macdougall	Boston Dispensary District Physicians
No. 2. North End	North Bennet Street Industrial School 39 North Bennet St.	MRS. R. H. FITZ MRS. F. S. CLARK	Supported by Arlington Street Church MISS MAE T. BARRY	Boston Dispensary District Physicians
No. 4. West End	Frances E. Willard Settlement 46 Chambers St.	Mrs. H. Ehrlich	Miss Anna J. Quinn	Boston Dispensary District Physicians
No. 5. South Cove	Boston Dispensary Ash St.	Mrs. W. C. Baylies	The Sarah S. Upham Nurse MRS. JESSIE M. SMITH	Boston Dispensary District Physicians
No. 6. Central	Boston Dispensary Ash St.	Miss G. S. Cary	The Helen E. Cary Nurse MISS MARY McAvoy	Boston Dispensary District Physicians
No. 7. South End	South Bay Union 640 Harrison Av.	Miss E. P. Cordner	RESIDENT NURSES, TRAINING SCHOOL	Boston Dispensary District Physicians
No. 8. South Boston	C. A. Curtis 373 Broadway	Mrs. Mary P. Rice	Supported by a Friend MISS MARY I. NUGENT	Boston Dispensary District Physicians
No. 10. South Boston	C. A. Curtis 373 Broadway	Mrs. W. A. Donald	Supported by a Member of King's Chapel MISS ANNE M. DEVANNY	Boston Dispensary District Physicians
No. 11. Roxbury  No. 15. Roxbury	F. H. Putnam 2121 Washington St. A. A. Burnham 459 Dudley St.	Mrs. John Ritchie Mrs. Albert Debuchy	Miss Alice A. Eddy	Boston Dispensary District Physicians
No. 12. Roxbury	Max Cramer 1212 Columbus Av.	Mrs. F. H. Monks Miss Ellen Hale	The Theresa H. Blake Nurse MISS FRANCES C. RIORDAN	Boston Dispensary District Physicians
No. 14. Charlestown	Downey & McCormick Thompson Sq.	Mrs. J. G. Mumford	RESIDENT NURSES, TRAINING SCHOOL	Boston Dispensary District Physicians
In all districts Extra work			Two Massachusetts General Hospital Assistants	
Maternity Work  South Boston	South End Branch Boston Lying-in Hospital 174 Harrison Av.	Miss Fannie Bartlett	Supported by King's Chapel MISS MARGARET A. KELLEY BOSTON LYING-IN HOSPITAL ASSISTANT	Boston Lying-in Hospital Outpatient Physicians
South Cove, Central, South End, and Roxbury	South End Branch Boston Lying-in Hospital 174 Harrison Av.	Miss Helen Collamore	MISS EDNAH J. STEARNS BOSTON LYING-IN HOSPITAL ASSISTANT	Boston Lying-in Hospital Outpatient Physicians
North End	Boston Lying-in Hospital 24 McLean St.	MRS. E. P. MOTLEY	The Rebecca A. Greene Nurse MISS AGNES B. DEVANNY Supported by a Friend MRS. ANNA M. HENDERSON	Boston Lying-in Hospital Outpatient Physicians
West End	Boston Lying-in Hospital 24 McLean St.	Miss Fannie Bartlett	In Memory of M. E. B. MISS MARGARET M. COLEMAN MISS CORA E. P. ELLIS	Boston Lying-in Hospital Outpatient Physicians
East Boston	F. A. Woodbury 108 Sumner St.	MISS MARY MINOT MRS. O. NORCROSS, JR.	Supported by Friends MISS MARY E. ROWAN Part time	Private Physicians Mt. Sinai Physicians
Maternity and General Work Dorchester	R. H. Billings 1439 Dorchester Av. Field's Corner	Miss M. L. Hall	Supported by Dorchester MISS KATHRYN F. MURNANE	Private Physicians and Dorchester Free Dispensary Physicians
Jamaica Plain	Rogers' Drug Store Cor. Burroughs and Centre Sts.	Mrs. E. A. Codman	Head Nurse Miss Winifred Ridley Resident Nurses, Training School	Private Physicians and Jamaica Plain Dis- pensary Physicians
East Boston, North End, West End, South Cove, Central, South End, South Boston, Roxbury, Charlestown	561 Massachusetts Av.	MISS E. P. CORDNER MRS. J. G. MUMFORD	RESIDENT NURSES, TRAINING SCHOOL	Private Physicians, Roxbury Homeopathic Dispensary, Tremont Dispensary, Mt. Sinai Hospital Outpatient Physicians
East Boston, North End, West End, South Cove, Central, South End, South Boston, Roxbury, Charlestown, Dor- chester, Jamaica Plain, West Roxbury	561 Massachusetts Av.	MISS E. G. DENNY MRS. W. A. HAYES	Supported by Metropolitan Life Insurance Co. Head Nurse MISS MAE CHAPIN STAFF AND RESIDENT NURSES	Private and Dispensary Physicians
Experimental Contagious Work Throughout city	561 Massachusetts Av.	Mrs. Henry Ehrlich Mrs. J. G. Mumford	Miss Fannie M. Howe Miss Margaret J. Betts	Boston Board of Health Physicians
Tuberculosis Work Throughout city and suburbs	Boston Dispensary Ash St.	Miss Natalie Whitwell	Supported by Boston Dispensary and I.D.N.A. MISS ALMIDA PETERSON	Physicians in Lung Room, Boston
Day Nursery and Kindergarten Work in North Bennet St. Industrial School, Cottage Place Nursery, Social Service Club		Miss Ellen Bullard	Supported by Mrs. Quincy A. Shaw MISS HANNAH L. QUIGLEY	Dispensary  Physicians called when necessary
Factory Work	Factory	MISS MARY MINOT MRS. O. NORCROSS, JR.	Supported by Factory Miss Florence Macdougall Part time	Private and Dispensary Physicians



## **VOLUNTEERS**

MISS HILDEGARDE ALLEN
MISS ROSAMOND BRADLEY
MRS. GRANTON H. DOWSE
MISS LAURA GREENOUGH

MISS DOROTHY MANDELL
MISS ELIZABETH NASH
MISS MARY SHEAFE
MISS ALICE THORP

## ATTENDING PHYSICIANS TO THE TRAINING SCHOOL

DR. BETH VINCENT

DR. SAMUEL ROBINSON

Dr. John B. Hawes, 2D

## DISTRICT NURSING HOUSE AND OFFICE

No. 561 Massachusetts Avenue Telephone, Tremont 44 and 45

Staff Superintendent

MISS MARTHA H. STARK
At office between 8.30 and 9.00 A.M.
2.00 and 3.00 P.M.

Assistant Staff Superintendent
MISS MAUD H. J. HARWOOD

Acting Superintendent of House and Training School

MISS F. BELLE HINKLEY

At office after 3.00 P.M.

Assistant Superintendent of House and Training School

MISS MARGARET M. MALONE

Advisory Member to the Training School

MISS CHARLOTTE MACLEOD

Office Agent
MISS L. J. PAYSON

Assistant Office Agent
MISS A. H. PAYSON

## GENERAL INFORMATION

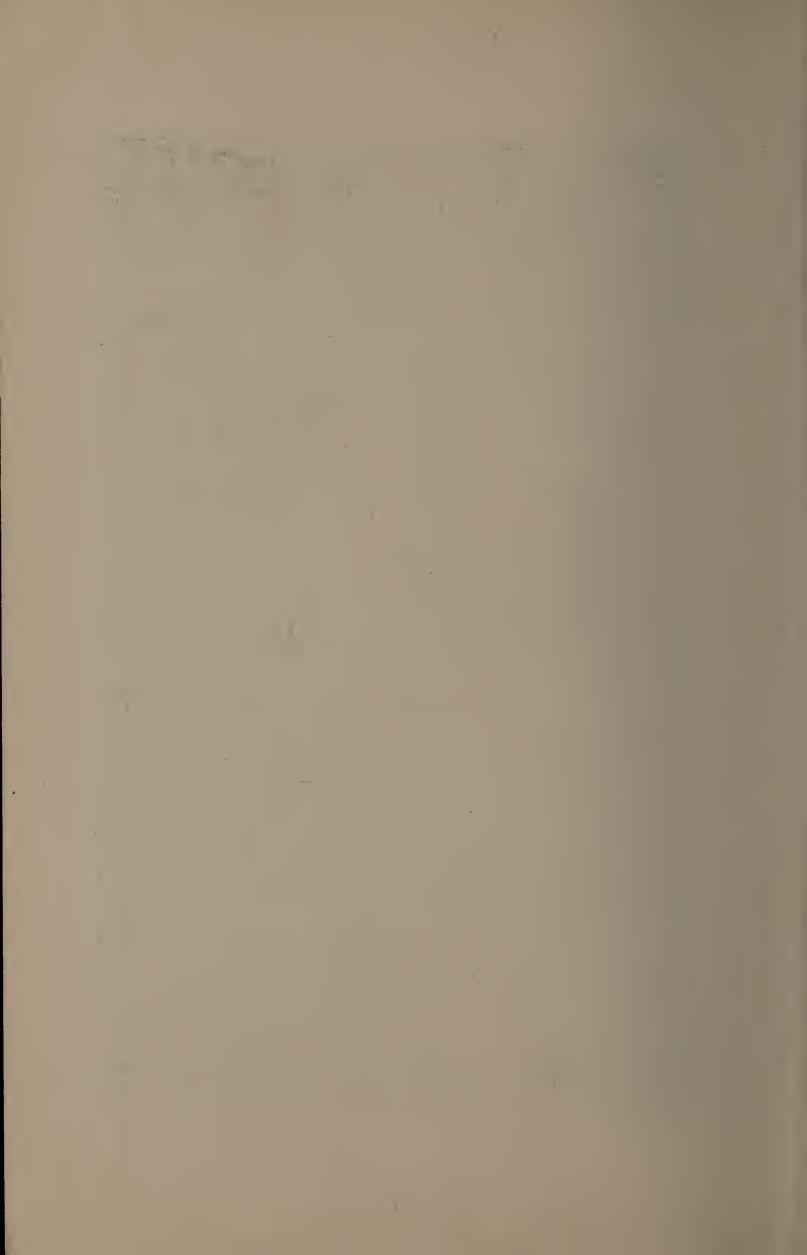
Applications for nurses received at District Nursing House, 561 Massachusetts Avenue

## Telephone Tremont 44 and 45

- I. The Association provides trained nurses, whose duty is to visit sick persons deprived of proper care; to care for them at their homes; and to instruct the families they visit in the simpler rules of nursing and hygiene.
- 2. A nurse is furnished without charge to those unable to pay for her services, but patients in better circumstances are expected to pay from ten cents a visit (which covers street car fares) upward to forty-five cents, which covers the cost of the nurse's time to the Association.
- 3. The nurse responds to every new call, but she is not allowed to continue with a case unless a physician is in attendance.
- 4. Maternity cases will be attended after confinement. Nurses cannot be sent to cases of labor.
  - 5. Cases of scarlet fever and diphtheria are not taken.
- 6. The nurses' hours for visiting are between 8.30 A.M. and 5.30 P.M. Only critical cases are visited on Sundays and holidays.
- 7. Special nurses for constant day or night service are furnished when the doctor considers it inadvisable to send the patient to a hospital; when the case is not chronic; when the case will not require more than three days' continuous nursing. The services of these nurses shall be paid for whenever possible.
- 8. Calls at night must be made by physicians for cases of emergency.
- 9. All cases requiring help other than nursing care in the home are reported to other sources of aid.



One child has chronic heart disease, the other articular rheumatism. The mother goes out for scrubbing, and the nurse's visit and treatment are a great help.



## ANNUAL REPORT

The report of the work of the Association does not vary much from year to year, but looking back over a period of years one sees its gradual but steady growth. This, its twenty-fourth year, is marked by new movements in which it has taken the lead. Even if these are in time taken up by other organizations, as was the case with the school nurses and the tuberculosis nurses, this Association will by experiment have proved their need and will have shown itself of use to the community.

The Metropolitan Life Insurance Company conceived the idea of providing its sick industrial policyholders with nursing care. The plan was communicated to Miss Wald, of the Nurses' Settlement in New York, and she saw in it an opportunity for existing visiting nursing societies. If the insurance company started a separate corps of district nurses to cover the whole city, confusion would follow. Many of the well-known chronic patients of the Nursing Association would turn out to be policyholders. Nurses would overlap, patients would suffer, and there would be wasted expenditure of time and money. If, on the other hand, the insurance company employs the existing nursing organization, it gives to that organization a new opportunity of broadening its usefulness. As a New York social worker said: "In prolonging the lives of policyholders to the advantage of the insurance company, the nurse is able to care for and instruct patients whom she might otherwise not reach. Here it will be readily seen the humanitarian arguments are insurance arguments as well." This branch of our work began in Boston, August 30, under contract for three months, but having proved satisfactory to both sides in that time it is being continued indefinitely, and the work has even been extended to Jamaica Plain, Dorchester, and West Roxbury. Metropolitan Life Insurance Company pays for all its cases, the sum fully covering the expense of supervision and additional clerical work. The nurses all wear a badge, plainly marked with the name of our Association, and can always explain that the

policy is not a requisite for nursing care, and that the neighbor without a policy is welcome to receive the same attention. This arrangement is, therefore, in no way an entangling alliance to our Association, but offers to us an extended field for usefulness.

In January a committee of the managers conferred with the Board of Health, and having obtained their enthusiastic approval raised sufficient money to meet the expense of a one month's investigation to learn the conditions of isolation of contagious To accomplish this work the diseases called to its attention. nurses' services were also offered to the Boston Dispensary and the Lying-in Hospital. The Association has long cherished the hope of studying the condition of the poor, sick with contagious disease in their homes. It has been our rule, however, that no nurse may attend cases of scarlet fever or diphtheria, or cases where such disease is suspected, but where the diagnosis is still undetermined. The latter are called "suspect" cases. Without a room in the House of the Association completely equipped for fumigation this work would have been impossible. The investigation shows that every case of contagion in the city is reported to the Board of Health. Their inspector calls and leaves printed instructions, and gives some orders in regard to isolation, but neither his time nor his salary permit of his going into detail, or of his making sufficient visits to insure the enforcing of his orders. The Board of Health has long been aware of this inefficiency of their measures, which is due to lack of sufficient appropriation. The hospital accommodation for contagious disease is also very insufficient, so that the power of the Board of Health to order such cases to the hospital is limited, and many must remain in the home. When are instruction and nursing more important than in cases of scarlet fever and diphtheria? And yet, many of these cases are now left in tenement houses, to be nursed, for the most part, by ignorant women who have no appreciation of the precautions which ought to be taken to prevent the spread of the disease. The family and the neighbors ought to be protected against any unnecessary contagion. In this one month's experiment the nurses have supplemented the instruction of the inspector, besides giving daily nursing care. Each nurse may visit only the one special disease, and must receive higher remuneration than for ordinary nursing. It is, therefore,

a heavy expense, and the funds of the Association do not at present permit of this work being carried on for more than one month more. The investigation has shown that about one-quarter of the cases in the poor homes are not being properly isolated. The Association hopes that the imperative need of such nurses will be recognized by the authorities, and that the city will include in its appropriation to the Board of Health a sufficient sum of money with which to carry on this work. The "suspect" cases are not reported to the Board of Health, and there has been no provision in the city for them to secure free nursing care. Yet, during the two or three days before the diagnosis is determined, prompt and effective isolation may prevent much spread of the disease. This, among careless and ignorant people, can only be insured by repeated visits and painstaking instruction, such as a nurse can give. The Association, therefore, earnestly appeals for funds to support a nurse to visit these neglected cases.

Last summer, for three months, an interesting experiment was tried in coöperation with the Floating Hospital. The hospital day cases were followed up in their homes by night visits from our nurses. The results were very satisfactory, the nurses finding much opportunity for giving instruction in feeding and hygiene to the mothers. The Floating Hospital met the expense of these nurses.

In such ways this Association is taking the lead in applying new means to discover and improve the conditions of the sick poor in their homes. Besides the actual alleviation of present suffering, it is always trying by example and by instruction to prevent the unnecessary physical suffering which comes from ignorance and carelessness.

The steady strain upon the nurses, both physical and mental, is very great, and last spring it was decided to give them two instead of one half-holidays a month, and their Sundays and holidays free except when the two come together. The additional expense which this involves in the employment of substitutes seems wholly justifiable. This autumn a careful study of salaries of nurses of other associations proved to us that we were not offering large enough pay to command the best nurses, nor were we expressing the appreciation we felt for the devoted service of those nurses who had long worked for us. It is very important

that the high standard the Association has always had on its staff should be adhered to. The nurses must be graduates of hospitals of good standing, but they must have qualities which no amount of hospital training can cultivate. The ideal that every visiting nurse should be a trained social worker is not yet attainable, but she surely must have the social instincts. When such women are found, it must be made possible for them to stay. We therefore raised the salaries of the nurses, thus involving the additional expense of \$2,000 a year to the Association. This was raised by a special committee, but in future we trust the regular receipts will cover it.

The Staff Superintendent was sent, through the kindness of a friend, to attend the International Conference of Visiting Nursing, held in May in Liverpool, England.

It is very difficult to give an accurate estimate for the year of the number of nurses under the Staff Superintendent, as it varies from time to time with the demand. In February, 1909, there were twenty-one, whereas for the last weeks twenty-eight have been regularly employed, besides the Superintendents. Extra nurses are always engaged by day or hour to supplement. The increase is largely accounted for by the maternity work, life insurance, and contagious work. Dorchester has again asked us to supply a nurse, and she went on duty January 24.

It is a great satisfaction and encouragement to the managers that those friends of the Association who have paid for a nurse for one year have generously continued their support for another, thus showing their approval and sympathy. For the past year four nurses were supported, as they have been for many years, by two churches, and three were given in memoriam. Six friends, one for the first time, each supported a nurse. The Association feels the deepest gratitude for these gifts.

Our staff has suffered a distinct loss during the past year in the resignation of two of its valued nurses. Miss Louise Asman has resigned to take up private nursing, after seven years of devoted and skilled service with us, and Miss Belle Louise Welch to be married, after three years of faithful and able service.

The Association was represented at the 1915 exhibit by a small exhibit.

Our nurses investigated all the children who were being con-

sidered as suitable for attendance during the summer at the Outdoor School organized by the Women's Municipal League.

The nurses may not administer material relief, but a small Comfort Fund makes it possible for them to give an especially pathetic patient some small delicacy which will make life more bearable.

The School for Social Workers has arranged a course of eight lectures and conferences, to begin this month. This course is primarily for working nurses, and deals with such subjects as "The Relations of State and City to Treatment and Prevention of Illness." The Association is sending its head workers and four nurses, believing that the knowledge gained and the spirit of coöperation acquired are worth the time thus spent.

The nurses also attend, once a month, the Associated Charities Conferences in their relative districts.

We have to report with regret the resignation in December of Miss Parker, Superintendent of the Training School, who has accepted a position which seemed less of a strain upon her strength. The Assistant Superintendent has, however, accepted the additional responsibility.

The average number of resident nurses is this year the same as last year, and the fact that nurses follow one another from the same hospital speaks the best possible word for the school. The House, at 561 Massachusetts Avenue, is open to visitors the first Wednesday in each month, and the managers will be glad to receive any who are interested to see the headquarters and learn more of the work. The House Committee desires to express its gratitude to those who have contributed furnishings for the House and toward the pleasure and comfort of the resident nurses.

Our work would indeed be sadly limited were it not for the cordial coöperation with other organizations, the importance of which, we trust, is mutually felt. Each philanthropic society fills a needed want, and each by giving and receiving contributes to the perfect system of aid. We are indebted to the various relief agencies of the city and the various societies who deal with special forms of charitable investigation and relief, who have given us their assistance when the problems to be met are beyond the realm of the nurse. The tickets for cars, carriages, and boats given by the Young Men's Christian Union give refreshment to patients,

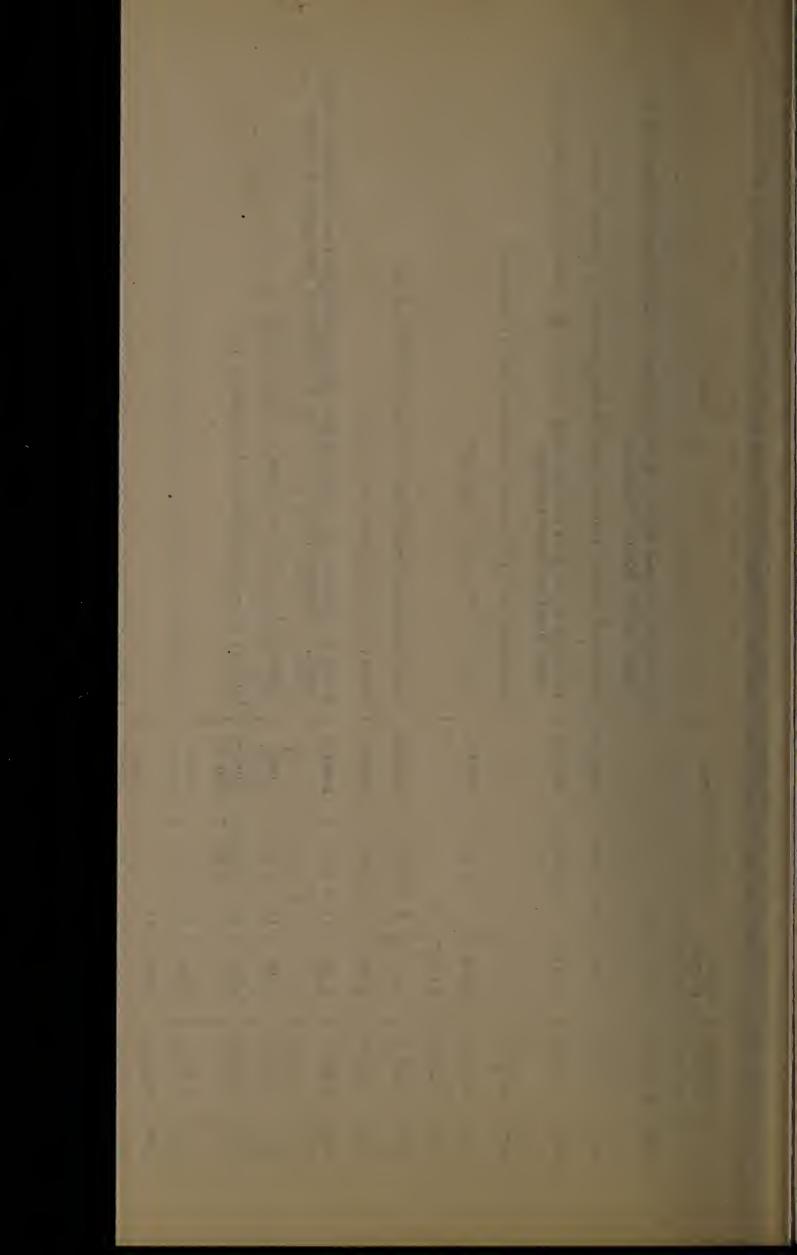
while the Diet Kitchen and funds make it possible to secure right nourishment. The gifts from the Benevolent Fraternity, Fruit and Flower Mission, and the State Flower Mission carry cheer to many homes of our patients. This year the Frances Willard Settlement House and the North Bennet Street Industrial School have kindly given us room for loan and supply closets, as the Roxbury Charitable Society has done for several years. Mr. Frank E. Woodbury has again given us the free use of a closet in East Boston.

At Christmas the Church of Our Saviour in Longwood again supplied the Roxbury patients with gifts, and the Young Men's Christian Union invited the district children to a tree. Kind friends lent automobiles to aid the nurses in distributing presents at Thanksgiving and Christmas time.

We are perhaps still more dependent upon the professional help of hospitals, doctors, and nurses. Our requests for special nurses, made through the Directory for Nurses, Nurses' Club, and Nurses' Home, are readily responded to, the nurses often serving for nothing or at reduced fees. The Country Week and the Milton Home receive patients recommended by our nurses. Our patients are examined and treated at dispensaries, hospitals, and dental schools. The Milk Stations, now well established under a separate committee, relieve us of much responsibility for babies. physicians are very good to us. Dr. John B. Hawes, 2d, has kindly arranged a course of lectures by the following physicians, to the great benefit of our nurses: two by Dr. H. W. Goodale, "Diets and Nursing"; two by Dr. George O. Clark, "Surgery"; Dr. W. R. Mason, "Obstetrics"; Dr. John B. Hawes, 2d, "Obstetrics." The Association appreciates the services and desires to express its gratitude to all these individuals and societies, which have made it possible for it to make its work as effective and far-reaching as it has been. Our thanks are also extended to the trustees of the Mrs. Arthur T. Lyman Fund for again giving money for sick and tired nurses and for special nurses.

The Association is greatly aided by having the services for certain mornings a week of seven volunteers. They are particularly useful in taking children to hospitals, thus saving the nurses' valuable time. Dental hygiene has in the last years become recognized as a very important factor in general health. The

	Expense for year.	Number of patients.	Number of nurses.	Remarks.
1886	\$1,224.01	707	2	Association started by two ladies, with one small room for office and supply room at the Boston Dispensary
1887	2,691.46	1,836	4 + 1 for 6 months	Increase of nurses when not specially designated is in "general" nurses
1888	3,524.69	1,543	4 + 1 for 9 months	Nurse put on for work-at-large cases, but given up; became incorporated; special office hired and agent employed
1889	4,498.14	2,131	6	Emergency work with special nurses started; 15 managers
1890	4,700.71	2,614	6 + 1 for 8 months	2 supply rooms besides dispensary
1891	5,422.57	3,122	7	
1892	6,247.55	3,475	8 + 1 for 2 months	Cases discharged from Children's Hospital followed up
1893	7,400.16	3,426	9 + 1 for 6 months	Nurse in Cambridge first put on duty
1894	8,863.73	3,352	II + I for 2 months	Nurse in Roxbury for 2 months and special nurse for the Outpatient Department, Children's Hospital; lectures by physicians first given to nurses
1895	9,563.70	3,396	11 + 1 for 1 month	Children's Hospital nurse given up at end of year
1896	9,550.31	4,195	11 + 1 for 10 months 1 for 2 months	Roxbury nurse put on again at beginning of year
1897	8,892.97	4,040		
1898	8,944.34	5,029	11	
1899	9,539.44	5,177	11 + 1 for 3 months 1 for 1 month	12 dispensary districts for first time covered; nurses uniformed
1900	11,754.42	6,203	13 + 1 for 9 months 1 for 1 month	Superintendent of nurses first appointed; first maternity nurse
1901	14,157.43	6,310	15 + 1 for 1½ months	Second maternity nurse
1902	14,583.46	6,793	15 + 1 for 5 months	Third maternity nurse; 2 districts combined under one nurse
1903	14,863.94	7,354	15 + 1 for 2 months	2 districts combined and a nurse put in Charlestown; cases taken from the Society for the Relief and Control of Tuberculosis
1904	14,964.37	8,024	14 + 1 for 8 months 1 for 3½ months 1 for 4 months	Assistant superintendent first added to staff; Cambridge nurse and third maternity nurse withdrawn during the year; 5 assistants from hospitals work under the district nurses for first time
1905	16,549.84	9,483	15 + I for 3 months I for ½ month I for 2 months I for ½ month	Nurses in Dorchester and Brookline each for first time; 2 nurses for first time in public schools; 3 hospital assistants; special coöperation with Society for Relief and Control of Tuberculosis; 5 volunteers; coöperation with Hawthorne Club begun
1906	26,675.36	13,325	16 + I for 4 months 2 for 10½ months 2 for 2 months I for 5 months I for II months I for 7 months I for 9 months	First tuberculosis nurse on duty for whole year; second for 4 months; 5 nurses on duty in public schools for part of year; third maternity nurse put on again and a fourth for 7 months and given up; assistant superintendent given up in October; Training School for District Nursing opened in October with 4 pupils under a special superintendent, who took one dispensary district and work at large
1907	27,599.74	11,265	17 + 1 for 4½ months 1 for 7 months 5 for 6 months Average number Training School nurses, 7	Nurse employed for first time in day nurseries; assistant superintendent on for 7 months and given up; 5 school nurses withdrawn after 6 months and work taken over by the city; Brookline nurse withdrawn at end of year; 4 assistant nurses; 5 volunteers; Training School took charge of 2 districts and all work at large; 29 Training School nurses during the year; coöperation with settlements
1908	26,769.05	9,836	15 + 1 for 1½ months 1 for 9 months 1 for 6 months 1 for 6 months 1 for 4 months Average number Training School nurses, 9	Extra nurse and fourth maternity nurse added; assistant superintendent again on duty in August; Dorchester and second tuberculosis nurses withdrawn during year; first tuberculosis nurse withdrawn at end of year; a factory inspected for first time; 6 volunteers; 4 assistant nurses; 38 Training School nurses during the year; 11 nurses took part of course; assistant superintendent added to their staff; nurses on duty at 3 milk stations; 24 managers
1909	29,808.00	9,101	18 + I for 10 months I for 9 months 2 for 5 months 3 for 4 months 2 for I month I for I week Average number Training School nurses, 9	Extra nurse employed for year; tuberculosis nurse and second extra nurse for 10 and 9 months; Metropolitan Life Insurance work began August 30; 1 month's experimental contagious work; 1 week Dorchester work; factory work continued; 7 volunteers; 49 resident nurses and 2 superintendents in Training School during year; milk stations taken over by special committee; the decrease in number of patients is due chiefly to having given up the greater part of the tuberculosis work  The "number of patients" represents those who have received nursing visits in
				the homes and does not account for the time of the nurses spent in settlements, dispensaries, clinics, and milk stations



volunteers have taken many children to dental clinics, thereby rendering a double service—to the child and to the Association.

It has been estimated that about one-quarter of poverty is caused by sickness. Even if there were beds enough in hospitals, there are many poor patients who should not leave the home and family. One or two daily visits from the nurse, and instruction to a member of the family how to carry out the treatment, is sufficient for most cases, and economically far cheaper for the community than providing hospital care. In an important book on American charities the author says: "Aside from the development of certain lines of technical medical care . . . the enlargement of the field of visiting nursing is unquestionably the most promising aspect of medical charities, combining as it does a highly necessary form of relief with rare opportunities for social alleviation and uplifting." The nurses have made 96,330 visits to 8,899 patients. The expenses for the year have been \$29,807; \$3,053 have been paid for the care of patients. There are still many homes without the bare necessities with which to meet illness. Will you not see to it that the field of visiting nursing is enlarged in this city, and that the suffering in the homes of your poorer neighbors is at least made easier to bear?

GERTRUDE W. PEABODY, Secretary.

## STATISTICS

Number of patients	9,101							
Number of visits								
Number of hours in clinics, nurseries, dispensaries, etc	1,137							
Number of nights (special)								
Number of days (special)								
Number of patients for Boston Dispensary								
Number of visits for Boston Dispensary	43,303							
Number of patients for Boston Lying-in Hospital								
Number of visits for Boston Lying-in Hospital	27,232							
Number of patients for Metropolitan Life Insurance Co	737							
Number of visits for Metropolitan Life Insurance Co	5,205							
·								
Number of patients for private physicians	641							
Number of visits for private physicians	11,277							
	, <b>, ,</b>							
Number of patients from other sources	1,553							
Number of visits from other sources	9,871							
	3,-, -							
Disposition								
Number of patients discharged well or improved	6,423							
Number of patients discharged to outpatient departments	491							
Number of patients discharged to butpatient departments  Number of patients discharged to hospitals								
Number of patients discharged by death	666 262							
Number of patients discharged for other causes	737							
Number of patients discharged for other causes  Number of patients under care February 1, 1910								
Number of patients under care rebidary 1, 1910	522							
Number of adults	T 0.47							
Number of children	5,947							
Number of children	3,154							
NATIONALITIES								
February 1, 1909, to February 1, 1910								
American	. 52							
Austrian	. 119							
Canadian	. 29							
Colored	• 3							
Chinese	. 2,564							
Danish	. 1,182							
English Jewish	. 781							

Lithuanian	Swedish
DISEASES	S CARED FOR
AC	CIDENTS
Burns	4 Sprains 93 6 Wounds 23
	JCTIVE SYSTEM, OBSTETRICAL AND
GYNE	COLOGICAL
Maternity	8 Unclassified Gynecological
CONSTITUT	IONAL DISEASES
Alcoholism	6 Rickets 13
DEVELOPMEN	NTAL AFFECTIONS
Marasmus, Infantile	2 Senile Debility 67
DISEASES OF	DIGESTIVE SYSTEM
Cirrhosis of Liver Other Diseases of Liver Colitis	o       Peritonitis       7         I       Stomatitis       18         5       Tape Worm       4
DISEASI	ES OF EYE
	3 Granulated Lids

## DISEASES OF HEART AND CIRCULATORY SYSTEM

Arteriosclerosis	2	Phlebitis	6
Aneurism	r	Thrombosis	I
	_		_
Endocarditis	5	Valvular Disease of Heart	152
Myocarditis	2	Varicose Veins	37
Pericarditis	I		
DISEASI	ES OF N	ERVOUS SYSTEM	
Apoplexy	8	Neuralgia	15
Chorea	11	Neurasthenia	13
Convulsions	18	Neuritis	15
Epilepsy	8	Paralysis	118
Heat Prostration	3	Other Diseases of Nervous	
Insanity	13	System	25
	6	System	25
Meningitis	O		
DISEASES	OF RES	PIRATORY SYSTEM	
		T	
Asthma	19	Laryngitis	2
Bronchitis	456	Peritonsillar Abscess	6
Catarrh	r	Pharyngitis	2
Cold	104	Pleurisy	78
Croup	6	Pneumonia	431
Emphysema	3	Tonsilitis	258
Emphysema	3	Tonsinus	250
DISEAS	ES OF U	RINARY SYSTEM	
Creatitie		Montaitie Acute	
Cystitis	11	Nephritis, Acute	43
FEBRILE	AND Z	YMOTIC DISEASES	
FEBRIDE	11110 2.	IMOTIC DISEMBES	
Chicken Pox	52	Mumps	30
Diphtheria	58	Rheumatic Fever	51
Influenza	293	Scarlet Fever	6
Malaria	12	Typhoid Fever	49
Measles	238	Whooping Cough	
measies	230	whooping Cough	75
	LOCAL	DISEASES	
Cancer of Breast	8	Cancer of Other Parts	ш.
			52
Cancer of Stomach	6	Sarcoma	I
Cancer of Uterus	7		
	OPER	ATIONS	
Adenoids Removed	37	Curettage	11
Circumcision	9		
	SEPTIC	DISEASES	
Feveineles		Sentiammia (not promonal)	
Erysipelas	29	Septicæmia (not puerperal),	12
Local Infection	281		

r 1 1 r

## SKIN DISEASES

Dermatitis	2 63 16 17	Ring Worm	4 17 3
TUBER	culous	CONDITIONS	
Tuberculosis, Pulmonary	550	Tuberculosis of Other Organs	31
VE:	NEREAL	DISEASES	
Gonorrhœa	2	Salpingitis	8
Gonorrhœa Vaginitis	ı	Syphilis, Acquired	11
MISCEL	LANEOUS	AFFECTIONS	
Abscess of Breast	10	Diseases of Ear	19
Adenitis	23	Synovitis	24
Bedsores	1	Teething	11
Bursitis	2	Vaccination	23;
Cleft Palate	I	Undiagnosed	149
Chronic Ulcers	227	Unclassified	48
Defective Teeth	70		
Total Number of Diseases			0.101

## TREASURER'S REPORT

In presenting the Treasurer's annual report for the year ending January 31, 1910, I take great pleasure in the fact that the work of the Association has become much better known and has appealed more to the generous public.

Since the last report \$1,019.90 has been received as an addition to the invested funds, and two legacies have been left the Association but have not yet been received.

The receipts for general purposes were \$31,723.82. This includes \$3,053.76 received for care of patients and \$2,000 donated for the necessary increase of salaries which went into effect January 1, 1910. The general expenses were \$29,807.24, making a deficit of \$83.42 for the year.

The trustees of the Mrs. Arthur T. Lyman Fund paid the Association \$295, and \$205.96 was expended for sick nurses and special cases.

Donations to the Comfort Fund amounted to \$155.59, and \$82.88 was expended for small comforts bought for needy patients.

The interest from the investments and the bank deposit has increased the amount of the House Fund \$258.01, so that it now has \$8,154.33 to its credit.

Although it was hoped that the Association would have \$40,000 to use in its work for the past year, the amount received was very gratifying. If \$40,000 is received this year, it is certain that it will be appreciated by the Treasurer as well as by the deserving poor for whom it will be spent.

## INVESTMENTS

## JANUARY 31, 1910

## Permanent Funds

Deposit Franklin Savings Bank	\$ 182.23	
\$10,000 Amer. Tel. & Tel. Co. Bonds, 4%	9,726.78	•
10,000 Chi., Bur. & Quincy R.R. Bonds, Neb. Extn., 4%	9,459.00	
1,000 Chi. Jct. Rys. & U. Stk. Yds. Co. Bonds, 5%.	991.25	
4,000 Illinois Steel Co. Bonds, 1913, 5%.	4,040.25	
5,000 Pacific Tel. & Tel. Co. Bonds, 5%.	4,987.50	
10,000 Mass. Electric Cos. Notes, $4\frac{1}{2}\%$	9,800.00	
10,000 Western Tel. & Tel. Co. Notes, 5%	9,965.28	
3,000 Elizabeth D. Bacall, Mortgage, $4\frac{1}{2}\%$	3,000.00	
31 shares Chi. & Northwestern R. R	5,118.19	
Cash	112.02	
General Funds		\$57,382.50
	#n 8 ra aa	
7 17	\$7,853.22	
, , 3, 3,	952.25	
2,000 N. Y. Cent. & Hud. Riv. R. R. Bonds, $3\frac{1}{2}\%$ .	1,960.00	
. 3 /*	5,000.00	
Cash	6.78	15,772.25
House Fund		13,//2.23
\$2,000 Chicago Telephone Co. Bonds, 5%.	\$2,075.00	
2,000 Seattle Electric Co. Bonds, "Everett," 5% .	1,970.00	
2,000 Cal. & Hecla Mining Co. Notes, 5%	2,045.00	
Cash in City Trust Co	2,064.33	
		8,154.33
Cash in Old Boston Nat'l Bank belonging to Income .	\$3,764.84	
Cash in Old Boston Nat'l Bank belonging to Mrs. A. T.		
Lyman Fund	355.62	
Cash in Old Boston Nat'l Bank belonging to Comfort Fund	117.00	
rund	117.39	4,237.85
Cash in hands of Agent belonging to Income	\$ .15	4,237.03
Cash in hands of Agent belonging to Comfort Fund .	14.20	
		14.35
		\$85,561.28
		=======================================
The following special bequests are included in the Permanent Funds, viz.:		
Sarah S. Upham Fund	\$24,000.00	
Robert Charles Billings Fund	2,500.00	
Abbie C. Howes Fund	10,000.00	

## FOR THE YEAR ENDING JANUARY 31, 1910

## CAPITAL

## Permanent Funds

\$3,000 Illinois Steel Co. Bonds, paid	\$3,000.00 1,000.00
Received from Mrs. William A. Donald to make the Abbie C.	
Howes Fund equal \$10,000	19.90
\$5,000 Chi., Bur. & Quincy R. R. Bonds, sold	4,968.75
1,000 Lake Shr. & Mich. So. R. R. Bonds, sold	948.75
5,000 N. Y., N. H. & Htfd. R. R. Bonds, sold	4,781.25
6,000 Nor. Pac. Gt. Nor. Joint Bonds, sold	5,796.25
31 rights Chi. & Northwestern R.R., sold	459.18
\$4,000 Amer. Tel. & Tel. Co. Bonds, sold to General Funds at	
book value	3,890.72
	\$24,864.80
General Funds	
\$2,000 Illinois Steel Co. Bonds, paid	\$2,000.00
\$2,000 Illinois Steel Co. Bonds, paid	
· · ·	1,897.50
· · ·	
2,000 Lake Shr. & Mich. So. R. R. Bonds, sold	1,897.50
2,000 Lake Shr. & Mich. So. R. R. Bonds, sold	1,897.50
2,000 Lake Shr. & Mich. So. R. R. Bonds, sold	1,897.50
2,000 Lake Shr. & Mich. So. R. R. Bonds, sold	\$3,897.50 \$3,897.50
2,000 Lake Shr. & Mich. So. R. R. Bonds, sold	\$3,897.50 \$3,897.50 \$325.52
2,000 Lake Shr. & Mich. So. R. R. Bonds, sold	\$3,897.50 \$3,897.50
2,000 Lake Shr. & Mich. So. R. R. Bonds, sold	\$3,897.50 \$3,897.50 \$325.52

## FOR THE YEAR ENDING JANUARY 31, 1910

## CAPITAL

## Permanent Funds

1 67 municino 1 minus	
Paid for \$5,000 Pacific Tel. & Tel. Co. Bonds, 5%	\$4,987.50
Paid for \$10,000 Western Tel. & Tel. Co. Notes, 5%	9,965.28
Paid for \$10,000 Mass. Electric Cos. Notes, $4\frac{1}{2}\%$	9,800.00
Cash in Old Boston Nat'l Bank	112.02
	\$24,864.80
General Funds	
Paid for \$4,000 Amer. Tel. & Tel. Co. Bonds, bought of Perma-	
nent Funds at book value	<b>\$3,</b> 890.72 6.78
	\$3,897.50
House Fund	
Paid for \$2,000 Chicago Telephone Co. Bonds, 5%	\$2,075.00
Paid for \$2,000 Seattle Electric Co. Bonds, "Everett," 5%	1,970.00
Paid for \$2,000 Cal. & Hecla Mining Co. Notes, 5%	2,045.00
Paid accrd. int. on above Bonds	67.51
Cash in City Trust Co	2,064.33

\$8,221.84

## FOR THE YEAR ENDING JANUARY 31, 1910

## Income

Received as follows:						
Dividends on Stocks .			. ,	\$ 217.00		
Interest on Bonds .	•			2,876.78		
Interest on Mortgage .	•			135.00		
Interest on Bank Deposit	•	•	•	88.85		
			-		\$3,317.6	53
Donations	•	•	٠ ۶	\$21,679.19		
Annual Subscriptions .	•	•	•	3,365.00		
Care of Patients	•	•	•	3,053.76		
Board of Nurses	•	•	•	110.25		
Sundry Items	•	•	•	91.99		
			-		28,300.1	•
Sale of two rugs	•	•	•		106.0	
Balance from last account	•	•	•		1,879.8	
Man Anthon T. Louis and Town J.						- \$33,60 <b>3.</b> 62
Mrs. Arthur T. Lyman Fund:						
Received for above Fund	•	•	•	•	\$ 295.0	
Balance from last account	•	•	•	• •	266.5	
						- 561.58
Comfort Fund:						
Received for above Fund		•	•		<b>\$</b> 155.5	9
Balance from last account					58.8	
						- 214.47
						\$34,379.67

February 1, 1910, Balance of Cash to New Account	in		
Old Boston Nat'l Bank		\$4,237.85	
Balance of Cash to New Account in hands of Agent	•	14.35	
			\$4,252.20

## FOR THE YEAR ENDING JANUARY 31, 1910

## Income

11000000			
Paid Salary to Superintendent of Nurses . \$1,200 Paid Salary to Superintendent of Training	0.00		
School 96	5.66		
Paid Salaries to Regular Nurses 15,42			
Paid Salaries to Special Nurses 54			
	<b></b> \$18,1	134.86	
Paid Incidental Expenses of Superintendents			
and Nurses, including car fares	2,6	514.42	
Paid Incidental Expenses of Assistant Nurses			
from Boston Lying-in Hospital \$ 26	8.56		
from Massachusetts General Hospital . 33	0.46		
<del></del>	<del></del> [	599.02	
Paid from Mrs. Arthur T. Lyman Fund			
for care of Special Cases \$ 179	9.96		
for care of Sick Nurses	б.00		
	2	205.96	
Paid Salaries of Agent and her Assistants	. 1,3	350.14	
		<del></del> \$22,90	04.40
Paid House Expenses, No. 561 Massachusetts Aven	iue:		
Rent			
Household Supplies			
Running Expenses	• 3,3		
		. •	30.37
Paid for Supplies for Nurses		-	
Paid for Annual Reports and Postage			
Paid for Stationery, Printing, and Postage	. 2	275.18	
Paid for Telephone		179.28	
Paid for Card System and Supplies, Library Bureau		204.55	
Paid for Rent of Room, No. 25 W. 2d St., So. Bost		51.00	
Paid for Sundry Items	. 4	111.82	
		, 0	28.43
Paid from Comfort Fund	•		32.88
Paid 2 days' Int. on \$5,000 Pac. Tel. & Tel. Co. Bo			
bought, at 5%		1.39	
Paid 24 days' Int. on \$10,000 Mass. Electric Cos. No	ites,		
bought, at $4\frac{1}{2}\%$	•	30.00	
			31.39
		\$30,12	27.47

Amount brought forward,		\$30,127.47
Balance of Cash in Old Boston Nat'l Bank belonging to		
Income, Donations for Increase in Nurses' Salaries,	\$2,000.00	
Balance of Cash in Old Boston Nat'l Bank belonging to		
Income for General Purposes	1,764.84	
Balance of Cash in Old Boston Nat'l Bank belonging to		
Mrs. A. T. Lyman Fund	355.62	
Balance of Cash in Old Boston Nat'l Bank belonging to	*	
Comfort Fund	117.39	
		4,237.85
Balance of Cash in hands of Agent belonging to Income,	\$ .15	
Balance in hands of Agent belonging to Comfort Fund,	14.20	
		14.35
		\$34,379.67
		====

E. & O. E. Boston, January 31, 1910

INGERSOLL BOWDITCH, Treasurer.

## AUDITOR'S CERTIFICATE

28 State Street, Boston, February 21, 1910.

INGERSOLL BOWDITCH, Esq., Treasurer.

DEAR SIR: In accordance with your desire, I have made an examination of your books and accounting affairs as Treasurer of THE INSTRUCTIVE DISTRICT NURSING ASSOCIATION for the year ending January 31, 1910, and have the honor to report to you as follows:

## REPORT

The audit comprised the thorough revision of the clerical work performed, such as the verification of additions, postings, etc., of the books which deal with the income and outgo of moneys. All vouchers of disbursements were examined, checked, and stamped, and were found to completely sustain the record of expenditures. I proved the correctness of the amount of money on deposit in banks February 1, 1910, which was that required by the cash book. I reviewed all postings from the cash book to the journal and from the journal to the ledger, and finally traced all results into the closing balance sheet, which is correct and a true statement of the conditions of the Association at that time, to the best of my knowledge and belief. I examined also the securities owned by the Association, finding them in all details in accordance with the requirements of the records, and have seen that the income from these has been properly accounted for upon the books. The books are being kept in a commendable manner.

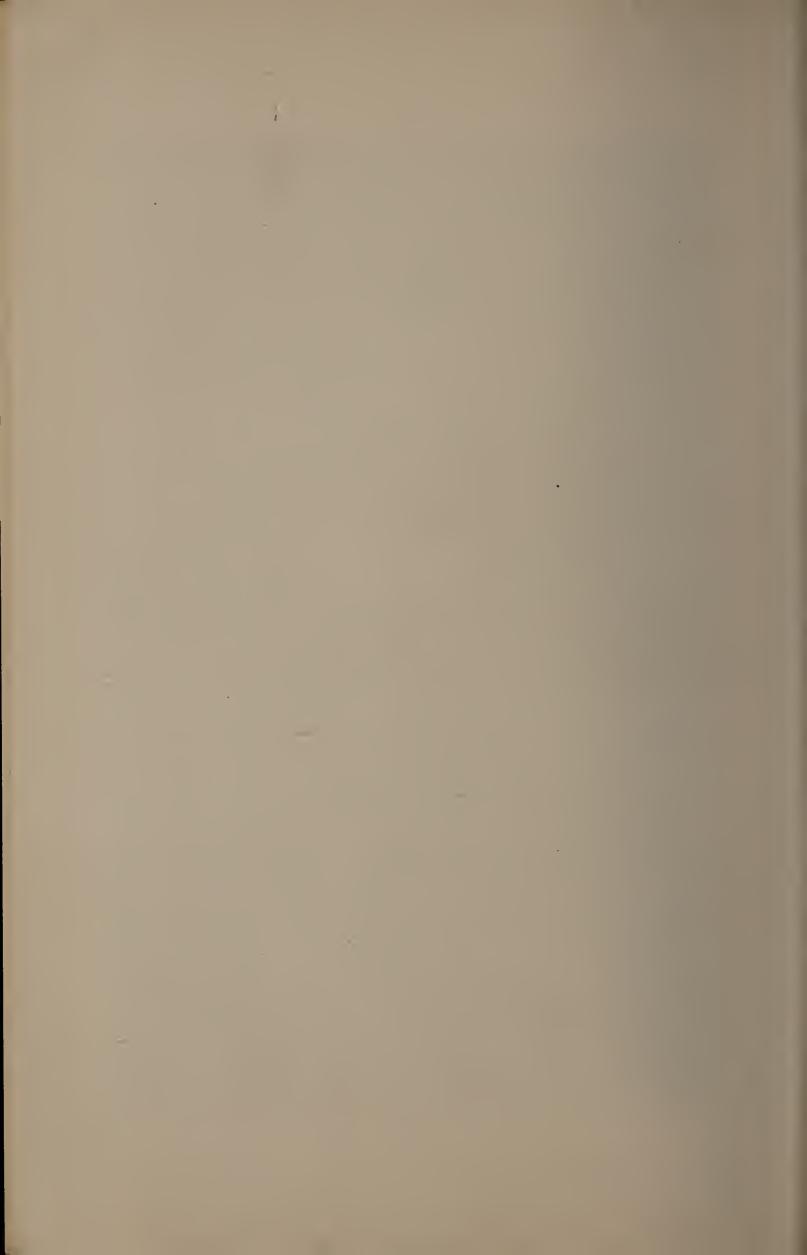
Yours very respectfully,

Andrew Stewart,

Examiner of Accounts.



Father of these six children earns \$7.50 per week. They have three attic rooms and take four boarders. Mother and children have tuberculosis, and nurse gives daily instruction to prevent its spread.



#### REPORT OF THE SUPPLY COMMITTEE

The Supply Committee gratefully acknowledges to the following contributors the generous gifts of articles for the sick room: blankets, sheets, pillowcases, dressings, bandages, towels, old cotton and linen, paper bags, paper napkins, new and partly worn clothing, infants' clothing, boot orders, bottles, baby carriages, wheel chair; flowers and lemonade for the nurses; groceries, flowers, fruit, jellies, eggs, Thanksgiving and Christmas baskets for the patients; tickets for car, carriage, and harbor rides; toys, subscriptions to magazines and daily paper, books, plants, flowers, etc.

Our committee would be very grateful for contributions of OLD COTTON AND LINEN, of which great quantities are used; also for sheets, pillowcases, nightgowns, baby clothes, and all articles pertaining to the sick room. The Comfort Fund provides fruit, ice, and delicacies for the destitute cases, especially during the oppressive summer heat, when the sufferings of the sick poor are doubled. Contributions toward it in kind or money will be deeply appreciated.

Respectfully submitted,

MARY E. BATCHELDER, Chairman.

Almy, Miss

Amory, Mrs. Francis I.

Amory, Mrs. H.

Austin, Mrs. William H. M.

Barney, Mrs. J. D.

Bartlett, Miss Fannie

Bartlett, Miss Mary

Bartlett, Mr. Nelson

Batchelder, Miss Mary E.

Baylies, Mrs. Walter C.

Bellows, Mrs. Henry W.

Benevolent Society, Church of the

- Disciples

Blake, Mrs. Francis

Blake, Miss M. L.

Blake, Mrs. S. Parkman

Boston Association for Relief and

Control of Tuberculosis

Boston Young Men's Christian

Union

Bowditch, Mrs. Charles P.

Bowditch, Mrs. Ingersoll

Bowles, Mr.

Bowles, Mrs.

Brine Furnishing Co.

Brooks, Mrs. Shepherd

Bulfinch, Mrs. G. G. Bullard, Miss Ellen Burrill, Mrs. Campbell, Mrs. Cary, Miss G. S. Channing Circle, Arlington Street Chase, Mrs. H. E. Clark, Mrs. Frederic S. Coburn, Mrs. Coburn, Miss Codman, Mrs. E. A. Collamore, Miss Helen Corcoran, Mr. J. H. Cordner, Miss Curtis, Miss Curtis, Mrs. G. S. Debuchy, Mrs. Alfred Derby, Mrs. George Donald, Mrs. William A. Edes, Mrs. H. H. Ehrlich, Mrs. Henry Emerson, Mrs. E. W. Emerson & Brando Emmanuel Church Fairbairn, Mrs. R. B. Farwell, Miss E. A. Fathers and Mothers Club Fields, Mrs. James T. Fitz, Mrs. W. Scott Fogarty, M. J. Folsom, Mr. Foster, Mrs. A. D. Friends (twenty-five) Gay, Mrs. H. A. Gill, Mrs. G. F. Griggs, Mrs. Hayden, Miss Hayes, Mrs. William A. Hemeon, Mrs. F. C. Hennessey, Mr. Joseph, Jr. Hicks, Mrs. A. D. Hill, Mrs. A. S.

Homans, Mrs. John Horlick's Malted Milk Company Hough, The Misses Hovey, C. F. & Company Howe, Mrs. Mark De Wolfe Hoyt, Mrs. Iasigi, The Misses Jackson, Miss Jackson, Mrs. C. C. Jewett, Mrs. Freeland Jordan, Mrs. H. L. Jordan, Marsh Company Junior Sewing Circle, Temple Israel King's Chapel Employment Society Lend-a-Hand Club of 1874 Lend-a-Hand Club of 1876 Lend-a-Hand Club of Hampton Falls, N. H. Loring, Miss A. P. Lowell, Mrs. A. L. Lowell, Mrs. George G. Lowell, Miss Lucy Mann, Miss M. J. Merriman, Mrs. Roger Minot, Miss Mary Monks, Mr. F. H. Monks, Mrs. F. H. More, Mr. W. H. Motley, Mrs. E. Preble Mumford, Mrs. James G. Needlework Guild, Boston Branch Needle Woman's Friend Society Norcross, Mrs. Otis, Jr. Norcross, Mrs. Otis, Sr. North End Union Old South Church Old South Guild Payson, Mrs. John F. Peabody, Mrs. Francis G. Peabody, Mrs. R. S. Perkins, Miss Plympton, Miss

Tuesday Morning Sewing Circle Union Church, Columbus Avenue Vaughan, Mrs. W. W. Ward, Miss A. S. Weld, Mrs. F. M. Weld, Mrs. Winsor Weston, Mrs. H. C. Wheeler, Mrs. Henry White, Mrs. H. K. Whitney, Mrs. E. P. Whitwell, Mrs. F. A. Whitwell, Miss N. S. Wigglesworth, Mrs. George Wilcox & Gibbs Williams, Mrs. Moses Winslow, Mrs. C. E. A. Woman's Alliance of the Unitarian Church, Kingston, Mass. Woman's Benevolent Society of the Harvard Congregational Church, Dorchester

## The following articles have been loaned to patients:

Sheets	•	•	•	<i>7</i> 0	Urinals	•	•	•	•	•	9
Blankets		•	•	I	Bed pans	•	•			•	45
Pillowcases		•	•	50	Douche pans		•	•	•	•	2
Nightgowns (women)	•	•	•	29	Fountain syringes	•	•	•		•	8
Nightgowns (children)	•	•		15	Glass syringes .		•	•	•	•	3
Infants' dresses		•	•	8	Ear syringes	•	•	•		•	2
Infants' petticoats	•	•	• 0	7	Atomizers		•	•		•	I
Diapers		•	•	26	Pus basins	•	•	•		•	7
Breast bandages	•		•	18	Baby carriages .		•			•	6
Swathes			•	13	Wheel chairs		•	•			4
Towels	•		•	2	Reclining chairs.	•				•	I
Rubber sheets			•	3	Commode chairs		•		•	•	2
Rubber air rings	•	•		16	Bed rests	•	•			•	5
Rubber bandages	•			3	Cresolene lamps				•	•	2
Ice caps	•	•		53	Scales		•		•	•	I
Hot water bags		•		22						_	
Feeding cups				3						4	437

#### ARTICLES IN BAG FOR GENERAL NURSE

Instrument case

Scissors Forceps Probe

Catheter, glass
Catheter, rubber
Thermometer
Rectal thermometer

Safety pins Soap box Soap Bowl

Nail brush in rubber bag Orange-wood sticks

Comb Towel Apron

Bag, containing

Gauze

Absorbent cotton

Sheet wadding Bandages Compress

Brandy

Corrosive tablets

Creolin

Crude petroleum

Vaseline

Tongue depressors

Culture tube

Memorandum book Small pad of paper

Pencil

Clinical charts Bedside notes Diet slips

Board of Health postal cards

Carriage orders
Car tickets

#### ARTICLES IN BAG FOR OBSTETRIC NURSE

Instrument case

Shears Scissors Forceps Probe

Catheter, glass Catheter, rubber Thermometer

Rectal thermometer

Ice cap
Safety pins
Soap box
Soap
Bowl

Nail brush in rubber bag Orange-wood sticks

Comb Baby brush Towel

Apron, cotton Apron, rubber Breast bandage Baby clothing

Brandy

Corrosive tablets

Bag, containing

Gauze

Absorbent cotton Sheet wadding Bandages Compress

Creolin

Crude petroleum

Vaseline

Sub-gallate powder Boric acid powder

Oxide of zinc and starch powder

Eye-dropper
Drinking tube
Tongue depressors
Culture tubes
Memorandum book
Small pad of paper

Pencil

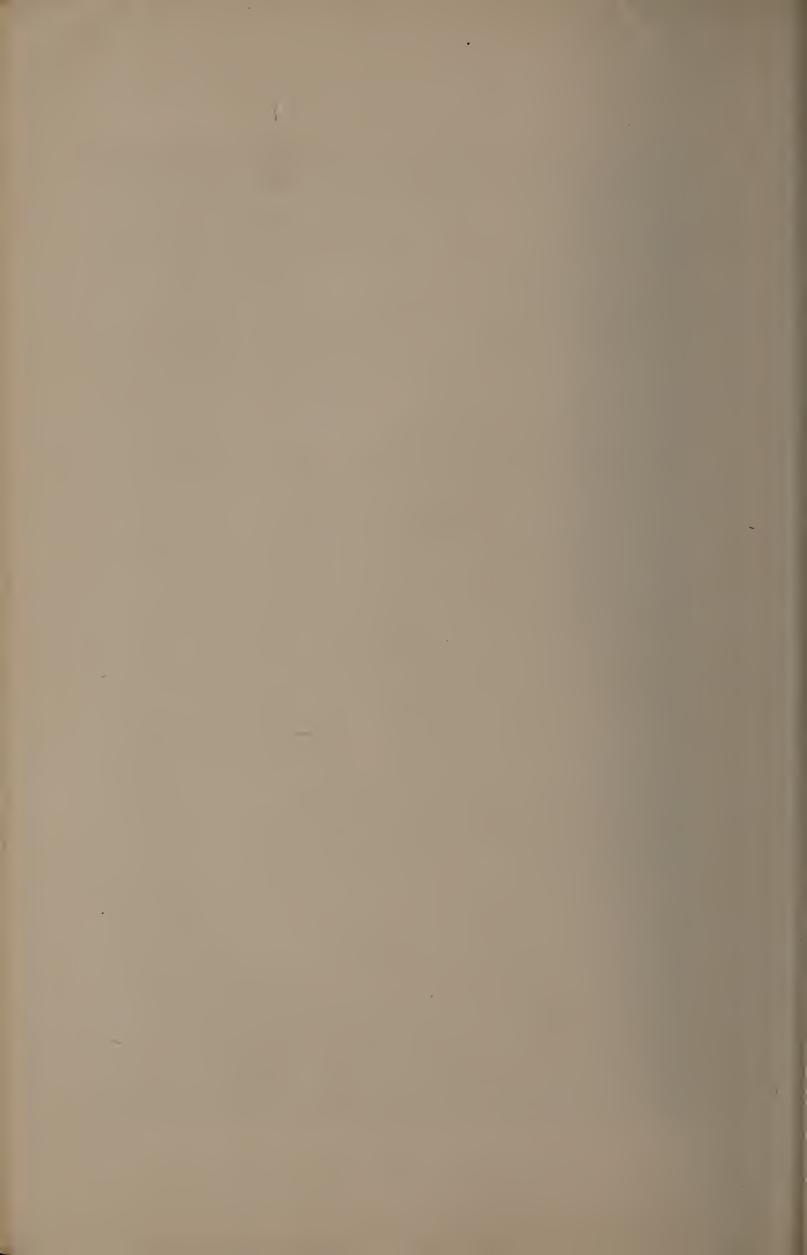
Clinical charts Bedside notes Diet slips

Board of Health postal cards

Carriage orders
Car tickets



The old lady with only one leg has earned her living by sewing until she fell and hurt her arm. She lives alone and the nurse's daily treatment has helped her a great deal. She can now sew again.



#### REPORT OF THE STAFF NURSES

THE past year has opened new fields of work to our nurses, which have served to emphasize anew their ability to meet and solve many puzzling problems. Not only in the service rendered to the suffering have they proved their fitness for the work, but as inspirers of the less fortunate of our city to better and more self-respecting ways of living.

The regular work done under the Staff Superintendent and her assistant may be classified in the following groups: Dispensary Cases, Maternity Cases, Nurseries Cases, Work with the Hawthorne Club, and Factory Work, besides the new work of which I shall speak later.

Nine of the staff nurses work under the Boston Dis-DISPENSARY pensary physicians, covering twelve of the fourteen CASES dispensary districts. The other two districts are cared for by the resident nurses of the Training School of the Association. The staff nurses are greatly aided by the two assistants who come for a month's course from the Massachusetts General Hospital to gain experience in district nursing. Extra nurses are also employed by the hour, or for the day and night, when the work is either very heavy or a serious case requires constant nursing care. The work accomplished by the nurses is very valuable. It not only brings relief and comfort to critical and chronic cases, but may be preventive in its measures. Many a patient sends for the district physician and nurse thinking they have some slight ailment, and on examination the incipient stage of tuberculosis or some other disease is detected, and immediate treatment may effect a cure. Entering the family as a nurse to the sick, a wise woman can so gain the confidence of all that through her insight and investigation she is able to give valuable advice, and to help the various members of the family to the relief of body and mind so much needed. The ailing ones are sent to be examined for eyes, lungs, throat, etc., and where outside aid is needed other agencies are called in.

A tenth nurse gives all her time to the tuberculosis work of the Boston Dispensary in the clinic, and to following up the cases in the homes. These are to a large extent in the suburbs, as the municipal clinic takes only city cases. Pitiful situations are revealed of families too poor to afford the treatment ordered for the patients.

A very great help has come to us through a kind friend, who has agreed to pay for the services of an extra charwoman for two mornings in the week. This woman is employed under the direction of the nurse, in the homes of the most deserving cases, to do the necessary cleaning, or the cooking where the head of the family is helpless. We can use many charwomen, and already the services of this additional one have proved a great blessing.

MATERNITY

The Boston Lying-in Hospital divided the city into four districts, supplying physicians to care for the WORK patients in their homes. Five nurses at present are covering these districts, with the assistance of two nurses from the Lying-in Hospital Training School, who serve for two months under the Staff Superintendent of this Association as a part of their curriculum in the hospital. In addition to these seven nurses, one, two, and frequently more extra nurses are assigned for the day to cover the overflow work. This work is divided into the prenatal cases and the aftercare of the patients. The first visit which the nurse makes is devoted to learning the social conditions of the patient's family, and whether or not it is a case for the Lying-in Hospital. If the patient has the wherewithal to pay for medical care, she would be referred to a good physician in the neighborhood. The general condition of the mother is then looked to, in order to report her physical state to the physician, when medical care is needed, and to advise her in regard to the nutritious character of her nourishment, which should be of the milkproducing foods for the coming baby; for although the modifications of the day are a great blessing, the natural food for the baby is the breast-feeding. The second visit is to instruct the mother and encourage her in getting the necessary articles of clothing for the baby and the simple supplies for the physician, always emphasizing the advisability of using anything available that is clean. A third visit makes sure of the healthy condition of the mother, and that all is in readiness. The number of preparatory visits of course varies with the necessity for instruction.

aftercare involves much time on the part of the nurse, as two patients must be cared for at each visit. When the patients are discharged, the nurse advises the mother to take the child to the class of the Milk and Baby Hygiene Association, so that she may be taught to keep the baby well.

A special fund was raised a year ago to pay for the care of the maternity cases in East Boston, this region being outside the limits of the Boston Lying-in Hospital districts. This nurse responds to calls from the East Boston physicians.

One nurse daily inspects children in the Day Nurseries and kindergarten work supported by Mrs. Quincy Shaw. She examines each child very thoroughly, sends children with defective eyes, ears, and teeth to outpatient departments, and visits sick children in their homes. The volunteer visitors are a great help in taking the children to the various hospitals and dispensaries.

The factory work has been continued, the results satisfying both our Association and the employers that time and money are well expended. Cases of tuberculosis in its early stages and infectious skin diseases have been discovered. Their early treatment has no doubt prevented further contagion. Minor surgical dressings are done in the factory, and sick employees visited in their homes.

For many years children of the Hawthorne Club have been inspected by one of our nurses. Although it is now under the supervision of a school nurse, the club was desirous of continuing the relations with this Association. Our nurse still makes a weekly visit, and responds to any call from the club. Last year the nurse was asked by the directors of the outdoor school to examine the children selected by the club to attend the school. She was glad to examine them again in the autumn, and to be able to report great improvement.

Of the new work started during the past year that METROPOLITAN for the Metropolitan Life Insurance Company COMPANY WORK covers the largest area, as the industrial policyholders cared for by our nurses are found in all the districts of Boston and a part of Greater Boston. This work was started on August 30. The agreement provides that every policyholder of the company is entitled to receive nursing care from this Association. Each of these policyholders has a postal

card addressed to the Staff Superintendent at the headquarters of this Association. If immediate attention is needed, a telephone call is responded to. Twice a day these calls are distributed to the nurses, according to location. The nurse may be the first to arrive at a case, but she insists that a physician be called at To meet this extra demand on the Association additional nurses have been employed. For the last two months a head nurse has been in charge of this work, and working under her four and five nurses daily, and this number will doubtless be increased with the growth of the work.

WORK WITH FLOATING HOSPITAL

An interesting experiment in coöperation with the COÖPERATIVE Boston Floating Hospital was tried last summer. The District Nursing Association offered the Floating Hospital the services of two nurses to make night visits to the homes of the babies, after they were taken back from the day voyage. What had happened to these babies after they were taken from the hospital ship at four o'clock in the afternoon? They had been given the most scrupulous care all day, and the mothers and sisters who came to get them had been told how to carry out the treatment during the night. nurse found surprising examples of ignorance in the homes. Babies were being fed on watermelon and lemonade, the mothers forgetting the orders about barley water and modified mixtures. No wonder the improvement from day treatment was retarded. The Floating Hospital, soon convinced of the value of these visits, offered to bear the entire expense. The nurses were on duty for three months. They met the physician on the wharf from 8.30 to 9.30 each morning, to report the cases of the previous night and any special symptoms, and from 4 until 9.30 P.M. visited in the homes. Special nurses were often employed to supplement.

DORCHESTER DISTRICT

January 24, this Association having been asked to assume charge of the district nursing in Dorchester. For a long time our Association has felt the desire to care for the suspect-contagious cases in Boston, which, of course, meant a nurse specially assigned to that service. It was therefore very satisfactory and interesting to learn that two contagious nurses were to give this work a month's trial, not only to cover the suspect cases, but to take scarlet fever and diphtheria cases under the Board of Health.

We also have a nurse working in Dorchester since

EXPERIMENTAL CONTAGIOUS WORK

The work started on January 20. Every precaution was taken that the nurse should not carry the germs or contract the disease. The nurse leaves her street clothes outside the sick room. then covers herself with apron, cap, rubbers, and gloves before entering the patient's room. After her work is done, these coverings are sprayed with disinfectant and put into bags. At night everything that she has worn is fumigated and left in the fumigating room of the Association, ready for use the next day. The headings of our nurses' record cards cover every source of infection, including milk, animals, library books, etc., as well as a complete account of the social conditions of the family. In this work the nurses have found animals and library books a great source of infection, the books being read by the patient in an isolated room and then passed outside the door or into the kitchen. The nurse has made a point of instructing the people to keep the library books for the Board of Health, and she keeps a record of the number of the book, and these books are not allowed to go back to the library. Great care also is taken to keep animals out of the sick room, and if they have been exposed to the contagion the necessary examination is made. The contagious nurses make three kinds of visits—to the suspect cases, those which are suspicious, and where the diagnosis is not yet declared. These cases could not be visited by nurses doing general work, for fear of carrying the disease, and yet in the interval of perhaps three or four days, advice and care are more necessary than at any time, and prompt and effective isolation might prevent further spread of the disease. To the developed cases which must be cared for in the homes, when the contagious wards of the hospital are crowded, and for whom careful nursing is necessary to prevent serious after effects. Detailed instruction is given and daily visits made to insure the carrying out of the doctor's orders. To the home after fumigation has been performed, to make sure that no other member of the family has suspicious symptoms.

A fair test of the possibilities of this work could not be made in one month, and we were glad to be authorized to continue the trial for the second month, on which we have just started.

Respectfully submitted,

MARTHA H. STARK,

Superintendent of Staff Nurses.

## REPORT OF THE TRAINING SCHOOL

THAT we have a Training School for district nursing expresses the feeling of the time that for this branch of nursing special training is required. The nurses who care to take up this branch of the nursing profession have learned that hospital and private nursing do not fit them to meet the problems that arise when they enter tenement house homes. The three months' course of training in our school saves them from making many mistakes of bad judgment, and fits them to help the sick poor. It is one of the few such schools in this country, and that the opportunities it offers are being appreciated is readily seen by the list of nurses who have attended during the past year. Nurses taking the course come not only from other states, but from other countries. In the past year thirty nurses have completed the course. Six have taken part of the course. Thirteen are in the school at present. Of these, nine are graduates of recognized training schools, several having held the position of head nurse, while the remaining four are senior nurses of general hospitals, who are allowed to take three months in district nursing as part of their training. nurses who have graduated this year have accepted the following positions:

One as Assistant Superintendent of the Training School. Six on the staff of this Association. Three in charge of milk stations. One as supervising nurse in district work and one as head nurse at the Lawrence General Hospital. One has started the work of visiting nursing at Bennington and one at Burlington, Vermont. One at Bristol and one at Woonsocket, Rhode Island, and one at Dedham, Massachusetts. One remained with the Training School, to supervise the work in Jamaica Plain.

These nurses, who reside in the House, are under the close supervision of the Superintendent and her assistant, who make the first visits with them and follow up the work closely all the time. The nurses are given their board, lodging, and instruction in return for their nursing services. The resident nurses leave the House at 8 A.M., returning at one, when lunch is served.

Immediately after lunch and again after dinner daily the nurses report their cases to the Superintendent, and the treatment of each is considered. It is then that special emphasis is laid upon the social side of the work. The nurse is taught to consider the welfare of the family as a whole, and although her immediate duty lies with the patient, yet there is also great opportunity for advising about the family problems, at which time experience is needed rightly to judge whether the help of other associations should be sought. The nurse can often save the feelings and pride of the family by wisdom and tact in tiding over a period of distress until the sick one can again become self-supporting; or perhaps it is the small children who must be provided for during the sickness of the mother, or work must be found for the unemployed. all this the nurse must therefore understand not only nursing, but must be able to teach the fundamental principles of practical hygiene, and understand methods of relief and coöperation. help impress these lessons on the nurses, talks are given at the House by representatives of various societies, as well as by the prominent physicians of Boston. The nurse must also learn to use and adapt the material and utensils her patient's home offers. These often seem very inadequate to one who comes from a wellequipped hospital or from a luxurious private house. Ingenuity is, however, a very important quality to cultivate in the district nurse. Her time on duty is full of arduous labor, for she must be tactful, skillful, patient, and untiring in the performance of her work. In the pleasant home life at the Association's House, with its rest and recreation, the nurse finds a grateful change from the wear and tear of the day. This House provides a good library, aiming to please all tastes. There are books on fiction, history, poetry, works on nursing and kindred subjects. is also an excellent piano, which all have the privilege of using.

The resident nurses answer calls from any reliable physician or at the request of friends, provided a physician has charge of the case and it is not a contagious one. A large part of the work assigned us is among a self-respecting class of people, where the wage-earner can support his family in health, but finds it impossible to provide constant skilled care when sickness comes to his home. In such a home a well-trained district nurse may in a few hours do a great deal to add to its comfort and cheer. Such a patient is often able to pay the physician and even a small fee to

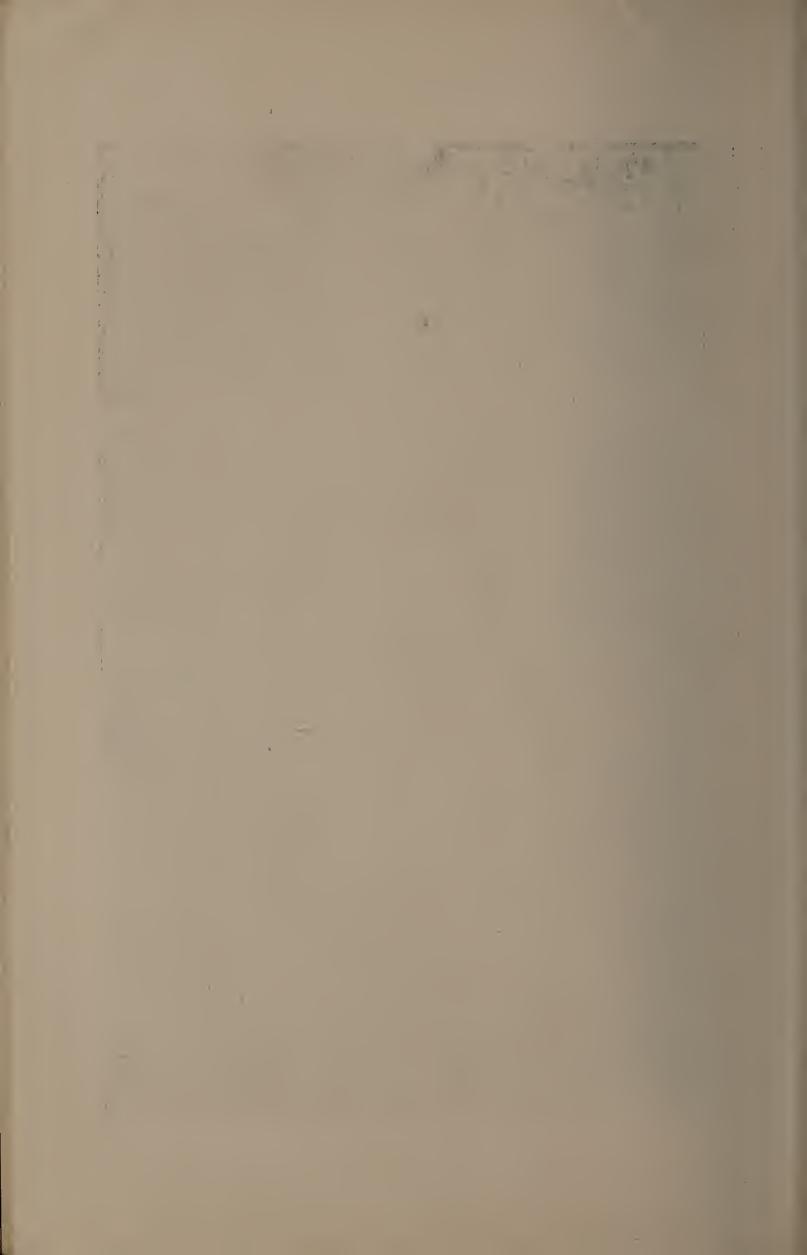
the nurse. To such cases the nurses have been called by 141 different physicians, and have made 11,377 visits on 641 patients. The resident nurses also work under the Boston Dispensary physicians in Charlestown and the South End in the same way as the staff nurses. One nurse devotes her time to the Roxbury Homeopathic Dispensary and district. Two hours daily are spent in the dispensary, the rest of the day being given to visiting patients in their homes. During the year she has spent 592 hours at the dispensary, and has made 2,301 visits on 114 patients. For half the year one nurse was half of every day at the Lincoln House Settlement. The work of this settlement has, however, increased so much that it decided to take over the work, and asked the nurse to remain permanently, which she did. The school was very glad to supply a substitute nurse for six weeks to the Elizabeth Peabody House during the vacation of its own regular nurse. In December, at the request of Jamaica Plain, we took charge of all the district nursing work in that place, working under the district and private physicians. We visit the Metropolitan Life Insurance Company sick industrial policyholders in Jamaica Plain, Charlestown, North, South, and West Ends. For six months of the year we had charge of the milk station at Charlestown, but in August one of our graduates was asked by the Milk Committee, which had recently combined that station with their others, to take this position permanently.

The total amount received from patients is \$1,169.71.

As an illustration of how our day begins, let me give an example. It is 6.45 A.M. The telephone rings; I answer it; a physician has a new case for us. It is a mother with twins. He gives his orders in regard to it, that the mother needs general care. As her temperature is high, a nurse is needed immediately. I go with the nurse to the house. We find an exceedingly nervous little woman with eleven young children, including the newborn babes. The mother has been unable to do her work for some time. Her husband has secured a woman for a small sum to help with the housework; but this woman proved incompetent, consequently the children and home have been neglected. This only adds trouble to the mother's nervous temperament, for apparently when in health she had tried to be neat and orderly. As we entered, children, neighbors, and helper all gathered around to admire mother and babies, who had not had the proper care, not because



Father and mother and seven children live in two rooms. Mother and all the children have tuberculosis. Baby sleeps in an improvised bed made of a quilt.



there was no one to do the work, but because there was no person who understood the art of making a patient comfortable. in a small room, the only window closed, and a large fire in the stove. First some instructions are needed, and I said quietly but firmly that we would attend to the mother and babies, but she must be alone, and gave instructions to the helper to go and attend to the rest of the household. Then the temperature, pulse, and respiration were taken, full bath and alcohol rub given, personal and bed linen changed, hair combed, and mouth cleansed. Heavy coverings were removed for lighter ones. We advised doing without a fire and opening the window to let in the fresh air and sunshine. General care was then given to both infants. The eyes and mouth received careful attention, and instructions given to be carried out during our absence. In a tactful, persuasive way we instructed the helper as to the care of the other children, as they had been much neglected. When we were ready to go the patient said, "I do not think you can ever know how comfortable you have made me."

Coöperation with the milk station was all important, as the mother had no way of feeding the newborn babies. Daily visits were made for nine days, and each day the nurse found less and less to do, having left daily instructions for the helper, which she had carried out. This was a case where a volunteer visitor was of great value, for she took the oldest girl to the market, where she was taught how to buy provisions economically, and later took her to a cooking class. She enabled the next oldest, a girl of twelve, who was fond of sewing, to join a sewing class in one of the settlement houses. The Children's Aid Society became interested, and placed a home library in this home, not only for these children, but for others in the neighborhood. This has proved a comfort and pleasure for their leisure hours. At the close of our visits they paid a small sum, but their gratitude was more than money could ever repay.

This stands for our work, and the nurse can truly say, "I am human, and deem nothing that relates to humanity a matter of indifference to me."

Respectfully submitted,

F. B. HINKLEY,

Superintendent of the Training School.

#### MEMBERS OF THE CORPORATION

Extract from the By-Laws.—ARTICLE I. The Corporation of the Instructive District Nursing Association shall consist of the persons named in the Act of Incorporation; of all persons who have been or at any time shall be members of the Board of Managers; of the members of the Advisory Board for the time being; of such persons as shall contribute to the funds of the Association at any one time the sum of one hundred dollars (\$100) or more, each; and of such other persons as shall be, at any meeting of the Corporation, elected members by ballot—the affirmative vote of two-thirds of those present and voting being necessary for a choice.

Abbé, Mrs. William Alanson \*Adam, Miss Hannah A. \*Adam, Miss Phebe G. Allan, Mrs. B. J. Amory, Mrs. Charles W. Amory, Miss Susan C. Andrews, Mrs. Judith W. \*Appleton, Mrs. William Ayer, Mrs. James B. Bailey, Mrs. James A. Balch, Franklin G., M.D. Bartlett, Miss Fannie \*Bartlett, Mrs. Matthew Batchelder, Miss Mary E. Baylies, Mrs. Walter C. Beebe, F. H. Black, Mrs. George N. Blake, Miss Marian L. Blake, Robert P. Blake, Mrs. S. Parkman \*Blake, S. Parkman \*Blake, Miss Theresa H. Bowditch, Miss Charlotte Bowditch, Charles P. Bowditch, Ingersoll Bowditch, Vincent Y., M.D. Bradford, Mrs. Harry \*Bradlee, Miss Helen Brooks, Mrs. Peter C. Brooks, Mrs. Shepherd Brown, Mrs. Howard N. Bullard, Miss Ellen \*Cabot, Mrs. Susan B. Cabot, Mrs. Hugh \*Cary, Miss Anne P. Cary, Miss Ellen G. Cary, Mrs. E. M. Cary, Miss Georgina S. \*Cary, Mrs. Richard Case, Mrs. J. B. Case, Miss Louisa W. Castle, Mrs. W. R., Jr.

Chandler, Mrs. F. W. Clark, Mrs. Frederic S. \*Coburn, Mrs. G. W. Codman, Mrs. Ernest A. Collamore, Miss Helen Coolidge, Mrs. T. Jefferson, Jr. Coolidge, Mr. J. Randolph Coolidge, Mrs. J. Randolph Cordner, Miss Elizabeth P. Cummings, Mrs. Charles A. Curtis, Mrs. C. P. Curtis, Mrs. Greely S., Jr. Curtis, Mrs. Horatio G. Cutler, Elbridge G., M.D. Dalton, Mrs. Charles H. Dane, Mrs. Ernest B. Debuchy, Mrs. Albert Denny, Miss Emily G. Derby, Mrs. George S. \*Dixwell, Epes S. Donald, Mrs. William A. Duryea, Mrs. Herman \*Dwight, Edmund Ehrlich, Mrs. Henry Endicott, William Estabrook, Mr. Arthur F. Fairchild, Mrs. Charles Farnsworth, Miss A. Fenno, Mrs. L. Cartaret Fitz, Mrs. Reginald H. Fitz, Mrs. W. S. Forbes, Henry F. Freeman, Mrs. James G. French, Miss C. L. W. Gay, W. O. \*Glover, Joseph B. Goldthwait, Mrs. Joel E. Goodwin, Mrs. William H., Jr. Gray, Miss Harriet Gray, Mrs. Horace Greene, Francis B. Greene, Mrs. J. S. Copley

<sup>\*</sup> Deceased.

Greene, Miss Margaret Grew, Mrs. Henry S. \*Grew, Mr. Henry S. \*Grinnell, Mrs. Charles E. \*Guild, Mrs. James Hagar, Eugene B. Hall, Miss Mary L. Hayes, Mrs. William A. \*Higginson, George Homans, Mrs. Charles D. Homans, Robert Hooper, Mrs. S. T. Howe, Mrs. M. A. DeWolfe \*Howes, Miss Abbie C. Hunnewell, F. W. Hunnewell, Miss Julia O. Ireland, Miss Catherine I. Jackson, Miss Marian C. \*Jewett, Miss Sarah Orne \*Jordan, Mrs. Eben D. Joslin, Elliott P., M.D. Kimball, Mrs. David P. \*Kuhn, Mrs. Hartman Lamb, Mrs. Horace A. Lee, Mrs. Joseph Leland, Mrs. Charles F. Leland, Mrs. Lester Lowell, Mrs. George G. Lyman, Mrs. Theodore Mason, Miss Ellen F. Mason, Miss Ida M. \*McClure, Mrs. M. M. Meyer. Miss Héloise \*Minot, Francis, M.D. Minot, Miss Mary Monks, Mrs. Frank H. Morse, John Lovett, M.D. Morse, Mrs. Samuel T. Moseley, Mrs. Frederick S. Moseley, Frederick S. Motley, Mrs. E. Preble Mumford, Mrs. James G. Norcross, Mr. Grenville H. Norcross, Mrs. Otis, Jr. Osgood, Miss Emily L. \*Palfrey, Mrs. F. W. Palfrey, Miss Sarah H. Parker, Miss Ellen G. \*Parkinson, Mrs. John \*Parkman, George F. Peabody, Miss Gertrude W. Peabody, Mrs. Frank E. Perry, Mrs. Arthur P.

\*Pickering, Mrs. Henry \*Pickering, Mr. Henry G. \*Pierce, Henry L. Pier, Mrs. Arthur S. Porter, Miss Rosamond Potter, Mrs. N. B. Pratt, Miss Mary Rice, Mrs. Mary P. Richardson, William L., M.D. Ritchie, Mrs. John Reed, Mrs. William H. Rogers, Mrs. William B. Russell, Miss Catherine E. Russell, Miss Mary Russell, Mrs. Henry S. Russell, Mrs. Robert S. Saltonstall, Mrs. Robert \*Sanderson, Mrs. George G. Sears, Mrs. F. R. Sedgwick, Mrs. William T. Shaw, Mrs. Quincy A. \*Shaw, Quincy A. Shaw, Mrs. Robert G. Sprague, Mrs. Seth E. \*Stearns, Mrs. George L. Storrow, Mrs. James J. Talbot, George V. Tapley, Mrs. Amos Tappan, Mrs. Frederick H. \*Tappan, Lewis William Thorndike, Mrs. Paul Thorp, Mrs. James G. \*Upham, Mrs. George P. Upham, Miss Susan Vaughan, Mrs. Benjamin Wadsworth, Mrs. Alexander Walker, Mr. Grant Walker, Mrs. William B. Warren, Edward R. \*Weld, Mrs. William F. \*Weld, Mrs. William F. Weston, Mrs. Henry C. Wheeler, Mrs. Henry Wheelwright, Miss Anita E. Whiteside, Mrs. George S. Whiting, Mrs. Charles F. Whitney, Henry M. Whitwell, Miss Natalie Wigglesworth, Mrs. George Wigglesworth, George Winsor, Mrs. Henry Woods, Mrs. Henry

<sup>\*</sup> Deceased.

# LIST OF SUBSCRIBERS AND DONORS

FOR THE YEAR ENDING JANUARY 31, 1910

## ANNUAL SUBSCRIBERS

Alford, Miss Martha A.	\$25.00	Brought forward,	\$436.00
Alford, Mrs. O. H.	25.00	Collamore, Miss Helen	10.00
Amory, Mrs. Harcourt	10.00	Coolidge, Mr. A. C.	10.00
Anonymous	15.00	Cornish, Mrs. Louis C.	5.00
Anthony, Mrs. S. Reed	25.00	Crafts, Miss Mary E.	5.00
Appleton, Miss Maud E.	5.00	Cummings, Mrs. Charles A	. 10.00
Atkinson, Mr. Charles F.	5.00	Curtis, Mrs. Allen	10.00
Atkinson, Miss Susan P.	5.00	Curtis, Mrs. H. G.	10.00
Bacon, Miss Ellen S.	25.00	Cushing, Miss Sarah P.	5.00
Bartol, Miss Elizabeth H.	10.00	Cutler, Dr. E. G.	5.00
Bartol, Mrs. John W.	10.00	Davis, Mrs. James H.	5.00
Batchelder, Miss Mary E.	5.00	Davis, Mrs. Simon	5.00
Beal, Mrs. Boylston	5.00	Denny, Miss Emily G.	5.00
Beebe, Mrs. J. Arthur	25.00	Derby, Mrs. George S.	10.00
Bigelow, Miss Mary A.	5.00	Dexter, Mrs. Gordon	10.00
Blackmar, Mrs. W. W.	10.00	Dexter, Miss Rose L.	10.00
Bowditch, Miss Charlotte	25.00	Dole, Rev. and Mrs. C. F.	10.00
Bramhall, Miss Elizabeth S	5.00	Donald, Mrs. William A.	10.00
Bremer, Mrs. J. L.	25.00	Dresel, Miss Louisa L.	5.00
Brewer, Miss F. R.	10.00	Eustis, Miss Elizabeth M.	5.00
Brewster, Mrs. George W. V	V. 1.00	Fairbairn, Mrs. R. B.	3.00
Brown, Miss Elizabeth B.	5.00	Farnsworth, Miss Alice	10.00
Bullard, Mrs. William S.	10.00	Faulkner, Miss F. M.	10.00
Burr, Mrs. Allston	10.00	Fitz, Mrs. W. S.	200.00
Burr, Mrs. I. Tucker	15.00	Folsom, Miss Amy	30.00
Cabot, Mrs. Louis	50.00	Foster, Mrs. A. D.	5.00
Carr, Mrs. Samuel	5.00	French, Miss C. A.	25.00
Chandler, Mrs. F. W.	10.00	Friend	10.00
Chase, Mrs. Percy	5.00	Friend	100.00
Clark, Mr. and Mrs. J.		Fuller, Miss Anna	10.00
Dudley	50.00	Gay, Mrs. F. L.	5.00
Carried forward,	\$436.00	Carried forward,	\$989.00

Brought forward,	\$989.00	Brought forward,	\$2,223.00
Gay, Dr. Warren F.	5.00	Josselyn, Mrs. A. S.	5.00
Gill, Mrs. G. F.	1.00	Kelly, Miss Elizabeth F.	5.00
Goddard, Mr. George A.	25.00	Kent, Mrs. H. M.	10.00
Goldthwait, Mrs. Joel E.	5.00	Lamb, Mrs. H. A.	10.00
Goodwin, Mrs. W. H.	5.00	Lane, Mrs. Gardiner M.	20.00
Greene, Mr. Francis B.	10.00	Lee, Mrs. George C.	5.00
Grew, Mrs. Edward W.	5.00	*Lee, Mrs. Henry	10.00
Guild, Mrs. C. E.	5.00	Lee, Mrs. Joseph	50.00
Hagar, Mr. E. B.	10.00	Leland, Mrs. Charles F.	5.00
Hall, Miss Mary L.	5.00	Loring, Miss Katharine P	<b>5.</b> 00
Harrison, Mrs. Archibald	10.00	Loring, Miss Louisa P.	5.00
Hayes, Mrs. W. A.	5.00	Loring, Mrs. W. C.	15.00
Hayward, Mrs. George G.	25.00	Lothrop, Miss Mary B.	5.00
Hemenway, Miss Clara	25.00	Lowell, Mrs. Guy	10.00
Hemenway, Mrs. Charles I	P. 10.00	Mack, Mrs. Thomas	5.00
Higginson, Mrs. F. L.	10.00	Mason, Miss Ida M.	300.00
Hill, Mrs. Hamilton A.	5.00	Merriam, Miss Mary L.	5.00
Hollingsworth, Mrs. Georg	ge 5.00	Merriman, Mrs. Daniel	10.00
Holmes, The Misses	10.00	Meyer, Miss Heloise	10.00
Hooper, Miss Louisa M.	5.00	Monks, Mrs. Frank H.	5.00
Howe, Mr. Henry S.	20.00	Monks, Mrs. Robert H.	5.00
Howe, Mrs. J. S.	5.00	Morse, Miss Ellen C.	2.00
Howes, Mrs. Eben	2.00	Morse, Mrs. Robert M.	5.00
Howes, Miss Edith M.	5.00	Nash, Mrs. Frank K.	5.00
Howes, Mr. Frank H.	10.00	Newell, Miss L. H.	5.00
*Howes, Mrs. Osborne	1.00	Nickerson, Mrs. William	10.00
Hunnewell, Mrs. Arthur	25.00	Norcross, Mr. G. H.	10.00
Hunnewell, Miss Julia O.	25.00	Osgood, Miss Emily L.	20.00
In Memory of Miss H. A	١.	Otis, Mrs. W. C.	10.00
Adam	5.00	Paine, Miss Sarah C.	5.00
In Memory of Miss P. C	r.	Palfrey, Mrs. John C.	5.00
Adam	5.00	Parker, Miss Ellen G.	10.00
In Memory of Theresa H	[.	Peabody, Miss G. W.	10.00
Blake	900.00	Peabody, Miss M. C.	3.00
Jackson, Mrs. Henry	10.00	Peabody, Mrs. S. E.	5.00
Jaques, Mrs. Francis	5.00	Pierce, Miss Katharine C.	5.00
Jaques, Miss H. L.	10.00	Pierce, Mr. Wallace L.	10.00
Johnson, Mr. E. C.	10.00	Porter, Mrs. Burr	10.00
Johnson, Mrs. Wolcott H.	5.00	Raymond, Mrs. H. E.	2.00
Joslin, Mrs. Elliott P.	5.00	Richards, Miss Caroline	3.00
Carried forward,	2,223.00	Carried forward,	\$2,858.00

<sup>\*</sup> Deceased.

Brought forward,	\$2,858.00	Brought forward, \$	3,119.00
Richmond, Mrs. J. B.	10.00	Stone, Mrs. Richard	10.00
Ritchie, Mrs. John	10.00	Storer, Miss Abby M.	10.00
Robins, Miss Julia	1.00	Storer, Miss Mary G.	10.00
Rogers, Mrs. J. C.	5.00	Sturgis, Miss Alice Maud	5.00
Rogers, Mrs. William B.	30.00	Sturgis, Mrs. John H.	5.00
Rotch, Mrs. T. M.	5.00	Thayer, Miss Adele G.	10.00
Rowe, Mrs. Henry S.	10.00	Thayer, Mrs. Bayard	10.00
Russell, Mrs. Robert S.	25.00	Thomas, Miss Mary	5.00
Sanger, Mrs. George P.	5.00	Townsend, Mrs. William S	. 5.00
Sargent, Mrs. Winthrop	5.00	Tuckerman, Mrs. C. S.	5.00
Schlesinger, Mrs. B.	5.00	Warren, Miss Cornelia	5.00
Scull, Mrs. Gideon	25.00	Weston, Mrs. Henry C.	25.00
Sears, Mr. H. M.	25.00	Wheeler, Mrs. Henry	10.00
Sedgwick, Mrs. W. T.	10.00	Wheelwright, Mrs. A. C.	10.00
Sever, Miss Emily	10.00	Whitney, Mrs. Ellerton P.	5.00
Shaw, Mrs. B. S.	5.00	Williams, Mr. John D.	20.00
Silsbee, Mrs. George S.	25.00	Wilson, Miss Lilly M.	20.00
Snow, Mrs. Henry C.	5.00	Wilson, Mrs. W. P.	10.00
Sprague, Mrs. S. E.	15.00	Winkley, Mrs. S. H.	10.00
Stackpole, Mrs. F. D.	5.00	Winthrop, Mrs. R. C., Jr.	10.00
Staigg, Mrs. R. M.	5.00	Woods, Mrs. Henry	100.00
*Standish, Miss Adelaide	10.00	Young, Mrs. B. L.	10.00
Stone, Mrs. F.	10.00	Young, Miss Fanny	5.00
Carried forward,	\$3,119.00	Total, \$.	3,434.00

## DONORS

Abbot, Mrs. Gordon	\$50.00	Brought forward,	\$376.00
Adam, Miss H. J.	15.00	Atherton, Mrs. G. E.	2.00
Adams, Mrs. Brooks	10.00	Auringer, Mrs. M.	1.00
Adams, Miss Katharine F.	10.00	Austin, Mrs. W. H. M.	6.00
Allan, Mrs. B. J.	100.00	Ballard, Miss Elizabeth	5.00
Alley, Mrs. George	1.00	Bancroft, Miss Ellen	10.00
Amory, Mr. Charles W.	100.00	Bancroft, Mrs. Charles F.	5.00
Amory, Mrs. Francis I.	25.00	Barker, Mr. Edward D.	1.00
Anderson, Dr. J. H.	20.00	Bartlett, Mr. Francis	50.00
Anderson, Mrs. Larz	25.00	Baylies, Mrs. W. C.	900.00
Angier, Mr. Albert E.	15.00	Beech, Mrs. Herbert	20.00
Arnold, Mr. Edmund K.	5.00	Bigelow, Mrs. Albert, Jr.	10.00
Carried forward,	\$376.00	Carried forward,	\$1,386.00

\* Deceased.

Brought forward, \$1,386.00	Brought forward, \$3,039.75
Billings, Mr. Charles O. 2.00	Curtis, Mrs. J. S. 25.00
Black, Mr. George Nixon 100.00	Curtis, Miss Mary 5.00
Blake, Mrs. Arthur W. 10.00	Dale, Mrs. Eben 5.00
Blake, Mrs. Francis 5.00	Deland, Mrs. Lorin F. 3.00
Blaney, Mrs. Dwight 10.00	Dewson, Mr. George B. 5.00
Boston Association for the	Dexter, Dr. Franklin 10.00
Relief and Control of	Dexter, Mrs. Philip 5.00
Tuberculosis 172.75	Dixwell, Mr. Arthur 10.00
Bowditch, Mr. Charles P. 100.00	Donald, Mrs. William A. 100.00
Bowditch, Miss Fanny 2.00	Dumaresq, Mr. Philip K. 2.00
Bowditch, Miss Mary O. 10.00	E. C. J. 20.00
Bradley, Mrs. A. O. 10.00	Edwards, Miss Hannah M. 25.00
Bradley, Mrs. Robert S. 5.00	Eliot, Mr. Amory 10.00
Brooks, Miss Eleanor T. 5.00	Ernst, Mrs. Harold C. 5.00
Brooks, Mrs. L. Loring 5.00	Evans, Mrs. Glendower 25.00
Brown, Miss Elizabeth B. 50.00	Fairbairn, Mrs. R. B. 25.00
Bullard, Miss Ellen, col-	Farlow, Mrs. John W. 10.00
lected by 50.00	Fenno, Mrs. L. C. 25.00
Butler, Mrs. Elizabeth N. 2.00	Fessenden, Mrs. S. H. 20.00
"C."	Fiske, Mrs. J. N. 50.00
Cabot, Mrs. Arthur T. 10.00	FitzGerald, Mr. Stephen S. 5.00
Carlton, Mr. George H. 1.00	Forbes, Miss Ellen 2.00
Cary, Mrs. E. M. 600.00	Forbes, Mrs. Francis B. 5.00
Cate, Mrs. Martha G. 3.00	Forbes, Mr. Henry S. 100.00
Cheever, Miss Helen 2.00	Forbes, Mrs. William H. 20.00
Clapp, Mrs. Channing 10.00	Foss, Mrs. Eugene N. 10.00
Cochrane, Mrs. Alexander 75.00	Fotler, Mrs. Jacob 1.00
Collamore, Miss Helen 200.00	Fox, George G., Co. 10.00
Conrad, Mr. B. B. 10.00	Freeman, Mrs. J. G. 25.00
Coolidge, Mr. T. Jefferson 75.00	French, Miss C. A. 25.00
Cotting, Miss Alice 5.00	Friend 500.00
Cotting, Mr. Francis J. 2.00	Friend 500.00
Crafts, Mrs. James M. 25.00	Friend 980.00
Crawford, Mr. Thomas F. 2.00	Friend 200.00
Crocker, Mrs. George G. 10.00	Friend 5.00
Crosby, Miss Anne C. 15.00	Friend 5.00
Cummings, Miss Margaret 5.00	Friend 5.00
Cunningham, Mrs. Frederick 5.00	Friend 30.00
Curtis, Mrs. C. P., Jr. 25.00	Friend 30.00
Curtis, Mrs. Hall 25.00	Friend 900.00
Carried forward, \$3,039.75	Carried forward, \$6,782.75

Brought forward, \$6	,782.75	Brought forward, \$10,	,746.75
Friend	10.00	Jackson, Miss M. C.	100.00
Friend	10.00	Jeffrey, Rev. C. L.	1.00
Friend	10.00	Jordan, Mrs. Helen L.	5.00
Friend	10.00	Jordan, Mr. James D.	5.00
Friend	100.00	Kimball, The Misses	20.00
Friends	12.00	Lawrence, Mr. Amory A.	25.00
Friends from Cohasset	560.00	Lawrence, Mr. C. G.	1.00
Friends, through Miss A.		Lawrence, Mr. Charles R.	20.00
Ward	450.00	Lawrence, Miss Sarah	5.00
Frothingham, Mrs. Brooks	10.00	Leen, Dr. Thomas F.	1.00
Gardiner, Mrs. Edward G.	10.00	Leland, Mrs. Lester	75.00
Gardiner, Miss Eugenia	25.00	Leviseur, Mrs. Louis	5.00
Gay, Dr. George W.	5.00	Lockwood, Mrs. Thomas S.	10.00
Gray, Miss Harriet	150.00	Lodge, Mr. H. Ellerton	15.00
Gray, Mrs. Reginald	10.00	Loring, Mr. A. P.	25.00
Gray, Mrs. Samuel S.	5.00	Lovett, Mrs. A. S.	5.00
Greenough, Mrs. C. P.	10.00	Lowney, Walter M., Co.	300.00
Gregg, Mr. Robert E.	5.00	Lyman, Mrs. W. P.	5.00
Н. С.	2.00	Mahoney, Rev. T. J.	10.00
*H. W. T.	30.00	Malone, Mrs. Dana	10.00
Hart, Miss Grace M.	2.00	Mandell, Mrs. George S.	25.00
Haven, Miss Mary E.	5.00	Mann, Mr. C. A.	20.00
Hayden, Mrs. Charles R.	10.00	Mason, Mrs. Charles E.	75.00
Hazeltine, Mr. C. B. R.	15.00	Mason, Miss F. P.	10.00
Heard, Mrs. Henry R.	2.00	Mason, Mrs. H. C.	2.00
Hecht, Mrs. J. H.	25.00	Massachusetts Charitable	
Houghton, Mrs. Clement S.	10.00	Fire Society	75.00
Howe, Mr. Elmer P.	75.00	McCarthy, Rev. Thomas F.	5.00
Howe, Miss Fanny R.	3.00	*McClure, Mrs. M. M.	225.00
Howe, Mrs. J. S.	5.00	McLaughlin, Miss Josephine	2.00
Hunnewell, Mr. Francis W.	500.00	Miller, Mrs. Charles H.	10.00
Hunnewell, Mrs. H. S.	25.00	Minot, Mr. and Mrs.	•
Hunnewell, Mr. Walter	25.00	Robert S.	10.00
Iasigi, Mrs. Oscar	25.00	Morrill, Miss Amelia	50.00
In Memoriam	1.00	Morrill, Miss Annie W.	50.00
In Memory of Helen E.		Morrill, Miss Fanny E.	50.00
Cary	900.00	Morse, Mr. Herbert R.	5.00
In Memory of M. E. B.	900.00	Nichols, Mrs. A. H.	3.00
Ireland, Miss Catharine I.	10.00	Nickerson, Mrs. George A.	10.00
J. F. M.	2.00	Nolan, Miss Katharine M.	1.00
_		_	
Carried forward, \$10	,746.75	Carried forward, \$12	2,017.75

<sup>\*</sup> Deceased.

Brought forward, \$12	2,017.75	Brought forward, \$1	3,283.75
Norman, Mrs. Guy	25.00	Russell, Mr. James S.	10.00
Odin, Miss Anna F.	2.00	Russell, Mrs. Robert S.	25.00
Old South Guild	25.00	S. E. H.	10.00
Parker, Miss Clara	1.00	S. R. C.	30.00
Parkinson, Mr. John	25.00	Saltonstall, Mrs. Robert	110.00
Parsons, The Misses	5.00	Sargent, Mrs. Lucius M.	20.00
Patten, Mr. and Mrs. Wil-		Scaife, Mrs. Lauriston L.	5.00
liam S.	50.00	Schumaker, Miss	5.00
Peabody, Rev. Francis G.	50.00	Sears, Miss Annie L.	5.00
Peabody, Mrs. F. H.	10.00	Sears, Mrs. F. R.	10.00
Peabody, Mr. George L.	25.00	Sears, Mrs. F. R., Jr.	70.00
Peabody, Mr. W. Rodman	10.00	Sears, Mrs. George G.	10.00
Peirson, Mr. Charles L.	25.00	Sears, Miss Helen	25.00
Perkins, Mr. G. B.	5.00	Sears, Dr. Henry F.	25.00
Perry, Mrs. Arthur	2.00	Sears, Mrs. J. M.	25.00
Peters, Mr. F. A.	10.00	Sears, Mrs. Philip S.	10.00
Phillips, Mrs. John C.	75.00	Seavey, Mrs. Walter H.	5.00
Pickman, Mrs. D. L.	25.00	Sewing Circle League	200.00
Pierpont, Mrs. John	20.00	Shaw, Mrs. Q. A., Jr.	25.00
Porter, Mrs. A. S., Jr.	50.00	Shepard, Miss Emily B.	5.00
Porter, Mrs. C. I.	2.00	Shepard, Mr. T. H.	5.00
Potter, Mrs. George S.	5.00	Skinner, Mr. Francis	25.00
Pratt, Miss Mary	300.00	Smith, Mrs. C. Morton	1.00
Pratt, Mr. Robert M.	50.00	Sohier, Miss Emily L.	10.00
Proctor, Miss Mary B.	3.00	Spaulding, Mr. J. T.	25.00
Reed, Mrs. W. H.	50.00	Spaulding, Mr. W. S.	25.00
Rice, Mrs. Charles G.	25.00	Stevens, Miss Helen G.	5.00
Rice, Mrs. Francis B.	5.00	Sturgis, Mrs. H. P.	25.00
Rice, Mrs. George T.	10.00	Sturgis, Mrs. R. S.	5.00
Richardson, Mrs. E. C.	5.00	Sweetzer, Mr. C. Homer	5.00
Richardson, Mrs. F. L. W.	10.00	Tail of the Bear	1.00
Richardson, Mrs. John	1.00	Tapley, Miss Alice P.	50.00
Richardson, Dr. W. L.	200.00	Tapley, Mr. Amos P.	100.00
Robinson, Mr. Roswell R.	20.00	Tappan, Mrs. Frederick H	25.00
Rodman, Miss Emma	5.00	Thatcher, Mrs. John	2.87
Roeth, Mrs. A. E.	.50	Thayer, Mrs. Ezra R.	5.00
Rollins, Mrs. William H.	5.00	Thayer, Mr. and Mrs. Fred	<b>!-</b>
Roxbury Charitable Society	100.00	erick W.	25.00
Russell, Mr. Frank A.	5.00	The '88 Sewing Circle	40.00
Russell, Mrs. Henry S.	25.00	The '90 Sewing Circle	50.00
_			
Carried forward, \$13	3,283.75	Carried forward, \$1	4,343.62

Brought forward, \$14.	,343.62	Brought
The '97 Sewing Circle	66.00	Webster, M
The '99 Sewing Circle	25.00	Weld, Mrs.
Townsend, Miss S. Cornelia	10.00	Weston, Mr
Twombly, Mr. John Fogg	25.00	Wheeler, M
Tyng, Mr. Stephen H.	25.00	Wheelwrigh
Van Nostrand, Mrs. A. G.	10.00	Whitman, M
Wadsworth, Mrs. Alex-		Whitney, M
ander F.	100.00	Whitwell, M
Wadsworth, Mrs. W. A.	20.00	Wiggleswort
Walker, Mr. Charles C.	10.00	Wiggleswort
Walker, Miss Evelyn	5.00	Williams, M
Walker, Mrs. Wm. Bentley	25.00	Winslow, M
Warner, Mrs. Frederick H.	10.00	Woman's So
Warner, Mr. H. E.	10.00	ple Israel
Warren, Mrs. J. Collins	10.00	Wood, Mrs.
Waters, Mrs. Bertram G.	5.00	Zerrahn, Mr
_		

Carried forward,

t forward, \$14,699.62 Irs. Edwin S. 5.00 C. Minot 10.00 rs. Henry C. 50.00 Irs. Henry 10.00 nt, Miss Mary C. 25.00 Mr. James H. 25.00 Ir. Edward F. 25.00 Aiss Natalie 5.00 th, Mr. George 900.00 th, Mrs. George 25.00 Irs. Charles A. 10.00 Irs. Arthur 2.00 ociety of Tem-500.00 William M. 25.00 rs. Franz E. 10.00

*Total*, \$16,326.62

#### ARLINGTON STREET CHURCH DONATIONS

\$14,699.62

Abbott, Mrs. Jere	\$10.00	Brought forward,	\$266.00
Alden, Mrs. George A.	25.00	Chamberlin, Mr. E. D.	25.00
Allen, Mrs. R. N.	5.00	Chick, Mrs. Frank S.	2.00
Allen, Mrs. Thomas	5.00	Clark, Mrs. Frederic S.	25.00
Ames, Mrs. Oliver, 2d	25.00	Coolidge, Mrs. D. H.	10.00
Ames, Mrs. William H.	25.00	Councilman, Mrs. W. T.	2.00
Andrews, Mr. Edward R.	5.00	Crosby, Miss Anne C.	10.00
Anonymous	20.00	Cruft, Miss H. O.	10.00
Ball, Mrs. George H.	25.00	Cunningham, Mrs. Henry \	W. 10.00
Barnes, Mr. Charles B.	5.00	Cunningham, Mrs. J. H.	5.00
Bartlett, Mr. Francis	25.00	Curtis, Miss E. A.	5.00
Bartlett, Miss M. C.	1.00	Cutter, Mrs. Abram E.	20.00
Bartlett, Miss Mary H.	5.00	Dalton, Mrs. Charles H.	120.00
Beal, Mrs. James H.	20.00	Davis, Mrs. Joseph E.	5.00
Beal, Mr. Thomas P.	25.00	Davis, Mrs. Sarah S.	3.00
Bradley, Mrs. Robert S.	10.00	Dewson, Mrs. George B.	5.00
Brewer, Miss Lucy S.	5.00	Dexter, Miss Rose L.	10.00
Burnham, Mrs. J. A.	5.00	Dickman, Mrs. George	20.00
Carter, Miss M. Elizabeth	20.00	Draper, Mrs. F. W.	2.00
Carried forward,	\$266.00	Carried forward,	\$555.00

Brought forward,	\$555.00	Brought forward, \$1	,328.00
Eaton, Miss Catherine S.	10.00	Mifflin, Mrs. G. H.	5.00
Eaton, Miss Lucy H.	10.00	Morison, Mrs. Frank	10.00
Ernst, Mrs. C. W.	2.00	Moseley, Miss Ellen F.	5.00
Estabrook, Mrs. Arthur F.	25.00	Newhall, Mrs. Horatio	2.00
Fessenden, Mr. Russell G.	5.00	Nourse, Miss Annie E.	2.00
Fitz, Mrs. R. H.	10.00	Nowell, Mrs. G. M.	25.00
Fitz, Mrs. W. S.	10.00	Osgood, Mrs. E. L.	10.00
Foster, Miss Fanny	25.00	Parker, Miss Eleanor S.	25.00
French, Mrs. John J.	10.00	Peirce, Miss Caroline P.	5.00
Friend	5.00	Pickman, Mrs. D. L.	25.00
Frothingham, Mrs. P. R.	25.00	Pitman, Mrs. B. F.	10.00
Frothingham, Mrs. T. G.	5.00	Prince, Mrs. H. F.	1.00
Goodwin, Mrs. H. M.	20.00	Ranney, Miss H. M.	5.00
Greeley, The Misses	10.00	Ranney, Miss Maria F.	5.00
Grew, Mrs. H. S.	100.00	Rantoul, Mrs. Neal	25.00
Guild, Mrs. S. Eliot	10.00	Read, Miss S. E.	15.00
Hammond, Miss Ellen	4.00	Richards, Miss Annie L.	5.00
Harrington, Mrs. F. B.	3.00	Richards, Mrs. C. A.	5.00
*Head, Mrs. Charles	5.00	Robins, Miss Susan P. B.	2.00
Hollander, Mr. T. C.	10.00	Rogers, Miss Catharine L.	3.00
Hooper, Mrs. James R.	10.00	Rogers, The Misses	5.00
Hopkins, Mrs. R. W.	2.00	Sanborn, Mrs. E. L.	5.00
Hubbard, Mrs. Eliot	5.00	Sargent, Mrs. F. W.	25.00
Hurd, The Misses	5.00	Severance, Mrs. P. C.	5.00
In Memory of Rebecca A.		Shaw, Mrs. Q. A., Jr.	5.00
Greene	300.00	Shaw, Mrs. R. G.	200.00
Kennard, Mrs. C. W.	5.00	Smith, Mrs. Charles C.	5.00
Kidder, Mrs. C. A.	10.00	Smith, Miss Elizabeth H.	5.00
Kidder, Mrs. H. P.	15.00	Swift, Miss Lucy W.	1.00
Kimball, Mrs. David P.	25.00	Talbot, Mrs. Thomas	5.00
Kimball, Mrs. L. C.	25.00	Taylor, Miss E. M.	1.00
King, Miss Caroline W.	2.00	Thayer, Miss Harriette A.	10.00
King, Mrs. S. G.	5.00	Thomas, Miss C. C.	5.00
Lilly, Mrs. Channing	5.00	Thompson, The Misses	4.00
Lincoln, Mrs. Arthur	5.00	Torrey, Miss Ann D.	5.00
Little, Mrs. John Mason	5.00	Wadsworth, Mrs. O. F.	10.00
Lombard, Mrs. J. H.	5.00	Weeks, Mrs. W. B. P.	5.00
Lothrop, Mrs. L. G.	5.00	Weld, Mrs. William G.	500.00
Mandell, Mrs. Samuel P.	25.00	Wheeler, Mrs. Alexander S.	10.00
Merrill, Mrs. J. Warren	10.00	White, Mrs. C. T.	5.00
_		_	
Carried forward, \$	1,328.00	Carried forward, \$2	2,334.00

<sup>\*</sup> Deceased.

Brought forward, Williams, The Misses Williams, Mrs. Gardner	\$2,334.00 5.00 B. 5.00	Brought forward, Winslow, Mrs. Winthrop	\$2,344.00 C. 10.00
Carried forward,	\$2,344.00	Total,	\$2,354.00

# KING'S CHAPEL DONATION

Bartlett, Miss	\$25.00	Brought forward, \$84	6.00
Bartlett, Miss Fannie	100.00	In Memory of Frederick	
*Bartlett, Mrs. M.	50.00	Howard Lombard, M.D.	5.00
Bazeley, Mrs. W. A. L.	50.00	Jackson, Miss A. P.	5.00
Bellows, Mrs. H. W.	5.00	Jackson, Mrs. C. C.	5.00
Bradlee, Mrs. J.	10.00	Jackson, Mrs. James, Jr. 10	0.00
Bradlee, Miss S. C.	7.00	Jenks, Miss	5.00
Brooks, Mrs. S.	100.00	Lang, Mrs. B. J.	2.00
Chase, Mrs. Theodore	25.00	Loring, Miss Helen 10	0.00
Collamore, Miss Helen	20.00	Lothrop, Mrs. T. K. 2	5.00
Coolidge, Mrs. J. R.	10.00	Lowell, Mr. A. L. 2	5.00
Coolidge, Mr. J. T.	50.00	Lowell, Mr. F. C.	5.00
Cordner, Miss C. P.	5.00	Lowell, Mrs. George G. 10	0.00
Cordner, Miss E. P.	10.00	Lyman, Mr. Arthur T. 100	0.00
Curtis, Mrs. C. P.	100.00	Lyman, Miss 2	5.00
Curtis, Mrs. G. S.	20.00	Lyman, Miss Mabel 2	5.00
Curtis, Miss I. P.	5.00	Member of King's Chapel 900	0.00
Debuchy, Mrs. Albert	100.00	Minns, Mr. Thomas	0.00
Devlin, Mrs. John E.	15.00	Minot, Dr. J. J.	5.00
Emmons, Mrs. R. W., 2d	10.00	Minot, The Misses 30	0.00
Fields, Mrs. James T.	5.00	Mixter, Miss M. C. 22	2.14
Flagg, Mrs. A.	20.00	Morse, Mrs. S. T.	0.00
Friend	25.00	Nichols, Mr. B. W.	0.00
Gorham, Mrs. W. H.	10.00	Nichols, Miss M. P.	0.00
Gray, Miss Mary C.	10.00	Norcross, Mrs. O., Jr.	0.00
Hall, Miss M. B.	2.00		5.00
Hayward, Miss F.	5.00	Peabody, Mrs. R. S.	0.00
Hill, Mrs. H. A.	5.00	Plympton, Miss M. L.	5.00
Homans, Mrs. C. D.	5.00	Russell, Miss M.	5.00
Homans, Mrs. John	25.00	Sprague, Dr. F. P. 2	5.00
Hopkins, Miss G.	10.00	Stevenson, Mrs. R. H. 10	0.00
Hough, Miss A. A.	2.00	Stratton, Mrs. S. P.	5.00
Howe, Mrs. George D.	5.00	Thayer, Mrs. N. 50	0.00
Carried forward,	\$846.00	Carried forward, \$2,26	5.14

<sup>\*</sup> Deceased.

Brought forward,	\$2,265.14	Brought forward,	\$2,290.14
Ward, Miss E. M.	5.00	Wheelwright, Mr. J. W.	20.00
Ware, Miss M. L.	15.00	Whitney, Mrs. J. C.	10.00
Wheelwright, Mrs. E. M	I. 5.00	Whitney, Miss M.	2.00
		11	
Carried forward,	\$2,290.14	Total,	\$2,322.14

# PRESENT AND PAST PARISHIONERS OF TRINITY CHURCH

Allan, Mrs. B. J.	\$25.00	Brought forward,	\$125.00
Beebe, Mrs. J. Arthur	25.00	Paine, Mr. R. T.	20.00
Lothrop, Mrs. T. K.	25.00	Shaw, Mrs. G. H.	50.00
Nash, Mrs. B. H.	25.00	Thayer, Mrs. E. V. R.	25.00
Norman, Mrs. Guy	25.00	Winthrop, Mrs. T. L.	25.00
Carried forward,	\$125.00	Total,	\$245.00

#### COMFORT FUND

Church of Our Saviour	\$35.00	Brought forward,	\$48.56
Clark, Mrs. F. S.	5.00	Lend-a-Hand Club	55.35
Friend	3.00	Mixter, Miss M. C.	20.00
Friend	.56	Peabody, Miss Gertrude W	<i>J</i> . 5.00
Frothingham, Mrs. Samuel	5.00	Winthrop, Mrs. R. C., Jr.	25.00
_		-	
Carried forward,	\$48.56	Total,	\$153.91

# DONATIONS FOR SPECIAL PURPOSES

Bartlett, Miss Fannie	\$15.00	Brought forward,	\$67.90
Brown, Miss Elizabeth B.	7.90	Cordner, Miss E. P.	1.50
Bullard, Miss Ellen	10.00	Donald, Mrs. William A.	14.44
Codman, Miss Catherine A.	25.00	Managers	26.00
Codman, Mrs. E. A.	5.00	Minot, Miss Mary	5.00
Collamore, Miss Ĥelen	5.00	Sturgis, Mrs. R. Clipston	3.00
_			
Carried forward,	\$67.90	$Total$ ,	\$117.84

#### RULES FOR NURSES

RULE I. The duties of nurses are to care for the sick poor in their own homes, and to instruct them and their families in the treatment of their own cases and in the laws of wholesome living. Nurses shall perform these duties under the immediate direction of the physicians to whom or to whose districts they shall be respectively assigned. In strictly medical and surgical matters, the authority of the physicians shall be supreme; and the Superintendent shall have power to enforce the medical and surgical directions of the physicians in their absence. In all other matters whatsoever, the nurses shall be subject to the authority of the They shall also be subject to the superior Superintendent. authority of the Board of Managers, or of any committee to which the Board may delegate any of its powers in this regard. No call shall be responded to, unless it come through one of the abovenamed authorities.

Rule 2. Nurses shall be on duty each week day at 8.30 A.M. The usual length of the day's work shall be eight hours. Time for luncheon, not exceeding one hour, shall be allowed about the middle of the day. Each staff nurse and each substitute who has worked three consecutive months satisfactorily shall be given two half holidays a month and the assurance of Sundays and legal holidays free, except when the Sundays and holidays follow one another directly, in which case each nurse shall work one of the two days. Each substitute and each probationer who has not worked three consecutive months shall be given one half holiday a month, and when necessary shall be asked to come out on Sunday.

RULE 3. The first three months of service of a nurse shall be a term of probation, during which either she may leave the service of the Association or the Association may discharge her without notice by either party. At the close of this term she may be appointed for the term of one year and nine months, and she must then agree to remain for the term of a year and nine months.

The first month of service of a nurse who has received the diploma of the Training School of the Association shall be a term of probation, during which either she may leave the service of the Association or the Association may discharge her without notice by either party. At the close of this month she may be appointed for the term of two years dating from beginning of probation, and she must then agree to remain for the term of two years dating from beginning of probation. Each reappointment shall be for the term of one year, and each nurse thus reappointed shall agree to remain for the term of one year.

RULE 4. The salaries of nurses shall be \$50 a month each for the first three months, \$60 a month each for the next nine months, and \$70 a month each thereafter. The salaries of nurses elected to the staff who have received the diploma of the Training School of the Association shall be \$70 a month each from beginning of service. In addition, they shall each be allowed \$5 a month for car fares, \$2 a month for laundry, the washing of nurses' aprons and towels, and \$1 a month for charwoman, the necessary cleaning and washing for patients.

RULE 5. Nurses shall be examples of neatness and orderliness; and they shall strive to secure the cleanliness of the patients and of the sick rooms.

RULE 6. The Association prescribes a uniform for the nurses. The waists, collars, and aprons shall be supplied by the nurses, but the rest of the uniform will be furnished by the Association. Nurses shall wear the uniforms during the whole of the time that they are on duty; and shall always wear aprons while attending on patients.

RULE 7. In cases of contagious or infectious disease, care shall be exercised and all practicable precautions shall be taken to avoid spreading the disease. In such cases, visits shall be made, so far as possible, after the other work of the day has been performed.

RULE 8. When unsanitary conditions exist in the homes of the patients, the Board of Health shall be notified by printed cards provided for that purpose.

Rule 9. Nurses shall not be required to attend cases in houses of ill repute.

Rule 10. In the event of clinical instruction being given to

students by the physicians, the presence of the nurses shall not be required.

RULE II. No interference shall be permitted with the religious or political opinions of patients.

Rule 12. Nurses shall not receive presents of any kind from patients or friends of patients under any circumstances; nor shall they give money or its equivalent in any form, unless authorized by a manager. All sums of money received by nurses from patients or friends of patients shall be paid into the treasury of the Association.

RULE 13. Nurses shall not work for any other employer during the term of their employment by the Association.

RULE 14. In lending articles to the sick, dated receipts must be taken for all articles loaned; and the return of such articles, properly cleansed, must be required.

RULE 15. Detailed reports of their work shall be made weekly at the office of the Association by the nurses to the agent and at the same time to the District Committees that may be appointed by the Board for the respective nurses. These reports shall be made at such times as the District Committees shall determine. Detailed reports, subject to the inspection of the Superintendent, shall be made in writing monthly by the nurses to the Executive Committee.

Rule 16. Each nurse shall be entitled to one month's vacation in each year; but, whether or not she return to service, her salary will be paid only on the express condition that she has devoted this vacation to rest and recuperation, and during it has not worked for pay for any employer other than this Association.

RULE 17. A nurse may be immediately dismissed for inefficiency, neglect of duty, or other misconduct, either in the past or present, or if she violate any of the Rules for Nurses or any direction given her by any properly authorized board, committee, or person. Payment shall be made to date of dismissal only.

RULE 18. Except during the term of probation, no nurse shall leave the service of the Association in the midst of a term, except for illness or with the consent of the Association; and if she shall leave in violation of the preceding provision, she shall be liable, at the discretion of the Association, to forfeit a month's pay.

# **BY-LAWS**

ARTICLE I. The Corporation of the Instructive District Nursing Association shall consist of the persons named in the Act of Incorporation; of all persons who have been or at any time shall be members of the Board of Managers; of the members of the Advisory Board for the time being; of such persons as shall contribute to the funds of the Association at any one time the sum of one hundred dollars (\$100) or more each; and of such other persons as shall be, at any meeting of the Corporation, elected members by ballot—the affirmative vote of two-thirds of those present and voting being necessary for a choice.

ARTICLE II. The Officers of the Association shall consist of a President, two Vice-Presidents, a Secretary, a Treasurer, and not less than eleven nor more than twenty-three Managers, all of which officers together, except the Treasurer, shall constitute the Board of Managers.

The said Board shall have the entire management of the business and the property of the Association; and especially shall have power to manage, lease, mortgage, and convey any real estate, and to assign, discharge, and foreclose any mortgages, that shall at any time belong to the Association, and to designate the officer or officers to sign all deeds and other instruments, and to do all acts necessary or proper in the premises.

ARTICLE III. The President, the Vice-Presidents, the Secretary, the Treasurer, and the Managers shall be chosen by ballot at the annual meeting of the Association, or at any adjournment thereof, or at any meeting in lieu of such annual meeting as provided in Article IV of these By-Laws; and shall hold their offices till the last Wednesday of the following February, and till others are chosen and qualified in their stead.

ARTICLE IV. The financial year shall end with the last day of January of each year. The annual meeting of the Association shall be held on the last Wednesday of February in each year, at such place and time as the Board of Managers shall direct, except

that if the last Wednesday of February shall in any year fall on the twenty-second day of the month, then the annual meeting shall be held on the following day. In the event of the annual meeting, by mistake or otherwise, not being called and held as herein prescribed, the Board shall order a special meeting to be called and held in lieu of and for the purpose of the annual meeting.

ARTICLE V. Any vacancy in the Board of Managers, including the offices of President, Vice-President, Secretary, and Treasurer, may be filled by the Board, whether such vacancy arises from the failure of the Association to elect the complement authorized by the By-Laws or from any other cause.

ARTICLE VI. Special meetings of the Association may be called by the Board of Managers, and shall be called by the President whenever requested thereto by ten members of the Association by a written instrument, which shall also state the purposes for which the meeting is to be called.

ARTICLE VII. At any meeting of the Association ten members shall constitute a quorum; but a smaller number may adjourn any meeting to a specified time and place.

ARTICLE VIII. The Board of Managers shall hold meetings for the transaction of business at least once in each calendar month, except the months of June, July, August, and September. Special meetings of the Board may be called by the President.

Five members of the Board shall constitute a quorum.

ARTICLE IX. There shall be an Advisory Board of not less than seven persons, to be elected by the Board of Managers. The Advisory Board shall be consulted by the Board of Managers whenever it is deemed necessary to refer to them for counsel. There shall also be a Committee on Finance, to consist of the Treasurer, ex officio, and of two other men, the latter to be elected by the Board of Managers. The Treasurer shall consult at least one other member of this committee, and shall obtain his approval in writing before investing any funds or changing any investment belonging to the Association.

ARTICLE X. The President, or in her absence one of the Vice-Presidents, shall preside at all meetings of the Association and of the Board of Managers.

ARTICLE XI. The Secretary, who shall be sworn, shall be Secretary both of the Association and of the Board of Managers,

shall attend their meetings and keep accurate records thereof, shall give notice of all meetings of the Association or of the Board at least three days before the time of meeting, and shall perform all other duties incident to the office.

ARTICLE XII. The Treasurer shall have custody of the funds and the securities of the Association, shall receive all moneys and, when duly authorized, shall make all payments, shall keep full accounts, shall acknowledge all donations and subscriptions, and shall present at each regular meeting of the Board of Managers a statement of the current condition of the treasury, and at each annual meeting of the Association an account of the receipts and expenditures for the preceding financial year.

An Auditor to examine the Treasurer's books and accounts shall be appointed annually by the Board of Managers.

ARTICLE XIII. These By-Laws may be amended at any meeting of the Association, notice of the proposed amendment having been included in the notice of the meeting, and the proposed amendment having been read at a previous meeting either of the Association or of the Board of Managers.

